



Did you know that Woodlands Senior Living's Memory Care and Assisted Living communities offer similar services to those offered at nursing facilities? At Woodlands, you may be able to receive the **care you need** while enjoying a comfortable, residential setting within the **community you want**.

Use this chart to compare our assisted living services with those of a typical nursing facility to help you navigate which option is best for you or your loved one.

Choose an *environment for living*

	Cape Memory Care	Nursing Facility
<i>Activities of Daily Living</i>		
Assistance with Bathing	Supervision to Extensive Assistance	Supervision to Total Assistance
Assistance with Dressing	Supervision to Extensive Assistance	Supervision to Total Assistance
Assistance with Grooming	Supervision to Extensive Assistance	Supervision to Total Assistance
Assistance with Personal Hygiene	Supervision to Extensive Assistance	Supervision to Total Assistance
Assistance with Toileting	Supervision to Extensive Assistance	Supervision to Total Assistance
Assistance with Incontinence	Yes	Yes
Assistance with Eating	Supervision to Extensive Assistance	Supervision to Total Assistance
Assistance with Mobility	Supervision to Extensive Assistance	Supervision to Total Assistance
<i>Medication Administration</i>		
Administration of Oral Medications	Yes	Yes
Administration of Ointments/Creams	Yes	Yes
Administration of Eye Drops/Ointments	Yes	Yes
Administration of Insulin	Yes	Yes
Administration of I.M. Injections	Ordered Weekly and Monthly	Ordered Daily, Weekly, Monthly
<i>Registered Nursing Services</i>		
	Non-skilled Monday through Friday Day Shift Hours <i>Skilled Nursing Available through Home Health Agencies</i>	Skilled 24/7
<i>Skilled Therapy Services</i>		
Type	PT, OT, ST	PT, OT, ST
Frequency	Available 3-4 days/week on site through our collaboration with a therapy provider	Available 5-7 days per week
<i>Miscellaneous</i>		
Atmosphere	Residential, Home-Like	Medical, Institutional
Model of Care	Social <i>with Medical Services Available</i>	Medical
24-Hour Staffing Available	Yes	Yes
Hospice Services	Available through Hospice Agency	Available through Hospice Agency
Private Pay Room Rates	\$240 per day (Memory Care)	\$284 - \$352 per day*
Payment Source Accepted	Private Funds, MaineCare (Covered by Some Long-Term Care Insurances)	Private Funds, MaineCare, Medicare (Covered by Some Long-Term Care Insurances)

*From most recent published rates available from local nursing facility providers.