

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 9:30am Zumba 10:30am Catholic Service 1:00pm Nostalgia- Music 2:00pm Ring Toss 4:00pm Toast to the New Year 6:00pm Exercise 7:00pm Movie	2 9:30am Exercise 11:00am Sing A long 2:00pm Cooks corner 4:00pm Toss And Talk 6:00pm Exercise 7:00pm Movie	3 9:30am Exercise 11:00am Snowman globe 1:00pm Julie M.- Music 2:00pm Connect Four 4:00pm Paper Snow Flakes 6:00pm Exercise 7:00pm Movie	4 9:30am Exercise 11:00am Nat'l Trivia Day- Trivia 2:00pm Trip to Bangor Waterfront 4:00pm Arts & Crafts 6:00pm Exercise 7:00pm Movie	5 9:30am Exercise 11:00am Sunday Puzzles & Coffee 1:00pm Nat'l Bird Day- Bird Watch in the Courtyard 2:00pm Movie Matinee 4:00pm Coloring Corner 6:00pm Exercise
6 9:00am Exercise 11:00am Coffee & News 2:00pm Movie/Snacks 4:00pm Wellness Clinic 6:00pm Exercise 7:00pm Movie	7 9:30am Exercise 11:00am Toss and Talk 2:00pm Scenic Drive 4:00pm This or That? 6:00pm Exercise 7:00pm Movie	8 9:30am Zumba 10:30am Catholic Services 11:00am Nat'l Skin Relief Day- Hand massages 2:00pm Harp 4:00pm Highest Roller 6:00pm Exercise 7:00pm Movie	9 9:30am Exercise 11:00am Wellness Clinic 2:00pm Griffiths- Music 4:00pm Fingerprint Art 6:00pm Exercise 7:00pm Movie	10 9:30am Exercise 11:00am Puzzles 2:00pm Bean Bag Toss 4:00pm Popsicle Stick Crafts 6:00pm Exercise 7:00pm Movie	11 9:30am Exercise 11:00am Nat'l Milk Day- Flavored Milk & Snack 2:00pm Trip to the Brewer Waterfront 4:00pm Crosswords 6:00pm Exercise 7:00pm Movie	12 9:30am Exercise 11:00am Sunday Puzzle 2:00pm Movie Matinee 4:00pm Sing A Long 6:00pm Exercise 7:00pm Movie
13 9:30am Exercise 11:00am Coffee & News 2:00pm Movie Matinee 4:00pm Ball Toss 6:00pm Exercise 7:00pm Movie	14 9:30am Exercise 11:00am Make Your Own Slime 2:00pm Trip around Bangor 4:00pm Puzzles 6:00pm Exercise 7:00pm Movie	15 9:30am Zumba 10:30am Catholic Service 2:00pm Velvet art 4:00pm Nat'l Hat Day- Make your Own Hat 6:00pm Exercise 7:00pm Movie	16 9:30am Exercise 11:15am Duane- Music 2:00pm Lydick's- Music 4:00pm Nat'l Tea Day- Tea Party 6:00pm Exercise 7:00pm Movie	17 9:30am Exercise 11:00am Make your Own Snow Globe 2:00pm Movie & Popcorn 4:00pm Hand massage 6:00pm Exercise 7:00pm Movie	18 9:30am Exercise 11:00am Make your Own Dough 2:00pm Drive Around Brewer 4:00pm Uno 6:00pm Exercise 7:00pm Movie	19 9:30am Exercise 11:00am Indoor walk 2:00pm Movie Matinee 4:00pm Nat'l Popcorn Day- Popcorn & drink 6:00pm Exercise 7:00pm Movie
20 9:30am Exercise 11:00am Sunday puzzle 2:00pm Movie Matinee 4:00pm Card games 6:00pm Exercise 7:00pm Movie	21 9:30am Exercise 11:00am Toss & Talk 2:00pm Cascade Park 4:00pm Highest Roller 6:00pm Exercise 7:00pm Movie	22 9:30am Zumba 10:30am Catholic Service 2:00pm Indoor walking club 4:00pm Trivia 6:00pm Exercise 7:00pm Movie	23 9:30am Exercise 11:00am Bowling 2:00pm Griffiths- Music 4:00pm Nat'l pie day- Pie & drink 6:00pm Exercise 7:00pm Movie	24 9:30am Exercise 11:00a Cooks Corner- Nat'l PB day 2:00pm Random trivia 4:00pm Coloring Corner 6:00pm Exercise 7:00pm Movie	25 9:30am Exercise 11:00am Crafters station 2:00pm Dollar store trip 4:00pm Make your Own Slime 6:00pm Exercise 7:00pm Movie	26 9:30am Exercise 11:00am Sunday Puzzles & Coffee 2:00pm Movie Matinee 4:00pm Puzzles 6:00pm Exercise 7:00pm Movie
27 9:30am Exercise 11:00am Sunday Puzzle 2:00pm Color Your Stress Away 4:00pm Coffee & News 6:00pm Exercise 7:00pm Movie	28 10:00am Exercise 11:00am Puzzles & popcorn 2:00pm Scenic Drive 4:00pm Bean bag toss 6:00pm Exercise 7:00pm Movie	29 9:30am Zumba 11:00am Snow flake craft 2:00pm Parachute 4:00pm Snowman painting 6:00pm Exercise 7:00pm Movie	30 9:30am Exercise 11:00am Popsicle Stick Craft 2:00pm Coloring corner 4:00pm Puzzles 6:00pm Exercise 7:00pm Movie	31 9:30am Exercise 11:00am Ice Breakers 2:00pm Scenic Drive 4:00pm Connect Four 6:00pm Exercise 7:00pm Movie		

