

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
					10:00am Exercise 10:30am Walmart 2:00am Bingo 4:00 pm Word Double 7:00pm Cribbage	10:00am Exercise 10:30am Manicures 2:00pm Sing a Long 7:00pm Movie Night
10:00am Exercise 3 10:30am Coloring Corner 2:00pm Valentines Cards 6:30pm Superbowl in the TV Room	10:00am Exercise 4 10:30am Bird House Painting 2:30pm Music w/ Nostalgia 7:00pm Ice Breakers	10:00am Zumba 5 w/Sunshine 1030am Morning News 2:00pm Color Your Stress Away 7:00pm Card Games	10:00am Exercise 6 10:30am Word Search 2:00pm Catholic Service 3:00pm Music w/Ken 4:15pm Music w/Masonabu 7:00pm Movie night	10:00am Exercise 7 10:30am Paper Hearts Craft 12:00pm Music w/J.Monroe 2:00pm Bible Study 7:00pm Chinese Checkers	10:00am Exercise 8 10:30pm Mardens Trip 2:00 pm Bingo 7:00pm Trivia	10:00am Exercise 9 10:30am Morning News 2:00pm Wacky Wordies 4:00pmBlack History Month Activity 7:00pm Exercise
10:00am Exercise 10 10:30am Word Scramble 2:00pm Sing a Long 3:00pm Puzzles 7:00pm Exercise	10:00am Exercise 11 11:00am Amedisys Wellness Clinic 2:00pm Town Meeting 7:00pm Coloring Corner	10:00am Zumba 12 w/Sunshine 10:30am Puzzles 2:00pm Make Valentine's Cookies 7:00pm Exercise	10:00am Exercise 13 10:30am Morning News 2:00pm Catholic Services 3:00pm Valentines Bingo 4:00pm Valentine's Day Party	10:00am Exercise 14 10:30am The Monthly Gazette 2:00pm Bible Study 7:00pm Pom Pom Craft	10:00am Exercise 15 10:30am Walmart Trip 2:00pm Trivia 7:00pm Movie night	10:00am Exercise 16 10:30am Morning News 2:00pm Make a Heart Sun Catcher 7:00pm Exercise
10:00am Exercise 17 10:30am Trivia 2:00pm Hermon Baptist Church Service 4:00pm Daily News 7:00pm Movie and Popcorn	10:00am Exercise 18 10:30am Dollar Tree Trip 2:00pm Sing a long 7:00pm Exercise	10:00am Zumba 19 w/Sunhine 10:30am Choices Game 2:00pm Board Games 7:00am Color Your Stress Away	10:00am Exercise 20 10:30am Sing a long 12:30pm Music w/D.Nickerson 2:00pm Catholic Services 3:00pm Music w/ Lydicks 7:00pm Cribbage	10:00am Exercise 21 10:30am Black History Markers 2:00pm Bible Study 7:00pm Exercise	10:00am Exercise 22 10:30am Dollar Store Trip 2:00pm Bingo 7:00pm Movie	10:00am Exercise 23 11:00am Coloring Corner 2:00pm Movie Matinee 7:00pm Manicures
10:00am Exercise 24 10:30am Cherry Pin Craft 2:00pm Bingo 7:00pm Card Tournament	10:00am Exercise 25 10:30am Morning News 2:00pm Crafters Station 7:00pm Ice Breakers	10:00am Zumba 26 w/Sunshine 10:30am Morning News 2:00pm Walking Group 7:00pm Sing a Long	10:00am Exercise 27 10:30am Book Club 3:00pm Music w/ Ken 7:00pm Movie Night and Snacks	10:00am Exercise 28 11:00am Music w/C.Heard 2:00pm Bible Study 7:00pm Exercise		

