

| SUNDAY  | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY   | SATURDAY  |
|---|--|---|--|---|--|---|
|   |  |   |  |   | 9:30 Exercise Group <sup>1</sup><br>10:00 Coffee Social<br>Girlfriends Day Fun!<br>1:00 Van Outings &<br>Star-Spangled Banner<br>Writer's Birthday<br>Trivia | 9:30 Walking Group <sup>2</sup><br>10:00 Coffee Social<br>Coloring Day Activity<br>2:00 Watch<br>"Lawrence of Arabia"                           |
| 9:30 Walking Group <sup>3</sup><br>10:00 Coffee Social<br>11:00 Worship<br>Service on You Tube<br>2:00 International<br>Friendship Day    | 9:30 Exercise Group <sup>4</sup><br>10:00 Coffee Social<br>Coast Guard Day<br>Trivia<br>1:30 Bus outing with<br>stops for shopping       | 9:30 Exercise Group <sup>5</sup><br>10:00 Coffee Social<br>Visit with Creative<br>Care Kids<br>3:00 Chair Yoga with<br>Jen                      | 9:30 Exercise Group <sup>6</sup><br>10:00 Coffee Social<br>International Peace<br>Festival Information<br>Sheets<br>2:00 Andy Warhol Art         | 9:30 Exercise Group <sup>7</sup><br>10:00 Coffee Social<br>Light House Day<br>Activities<br>2:00 MOVIE Time!                            | 9:30 Exercise Group <sup>8</sup><br>10:00 Coffee Social<br>Celebrating Elvis'<br>Music<br>2:00 Coffee Bar Art  | 9:30 Walking Group <sup>9</sup><br>10:00 Coffee Social<br>Indigenous Peoples<br>Day Facts<br>2:00 Enjoy the garden                              |
| 9:30 Walking Group <sup>10</sup><br>10:00 Coffee Social<br>11:00 Worship on<br>YouTube<br>2:00 Enjoy the<br>Official "Lazy Day"           | 9:30 Exercise Group <sup>11</sup><br>10:00 Coffee Social<br>Beach Day Planning!<br>1:30 Bus Outing                                       | 9:30 Exercise Group <sup>12</sup><br>10:00 Coffee Social<br>Puerto Rico Fun Facts<br>1:30 Dummer's Beach<br>Day!                                | 9:30 Exercise Group <sup>13</sup><br>10:00 Coffee Social<br>Alfred Hitchcock's<br>Birthday Trivia &<br>Movie<br>1:30 Bus Outing                  | 9:30 Exercise Group <sup>14</sup><br>10:00 Coffee Social<br>Sousa March Day<br>Trivia & Music<br>2:00 Check our plants                  | 9:30 Exercise Group <sup>15</sup><br>10:00 Coffee Social<br>Acadian Day<br>Activities<br>1:00 Van Outing<br>2:00 Puzzles & Games                             | 9:30 Walking Group <sup>16</sup><br>10:00 Coffee Social<br>National Joke Day<br>Activity Sheets<br>2:00 Enjoy the<br>gardens                    |
| 9:30 Walking Group <sup>17</sup><br>10:00 Coffee Social<br>11:00 Worship<br>Service on You Tube<br>2:00 Games, Cards &<br>Activity Sheets | 9:30 Exercise Group <sup>18</sup><br>10:00 Coffee Social<br>"Keep Your Cool Day"<br>Activities<br>1:30 Bus Outing<br>5:00 Evening Stroll | 9:30 Exercise Group <sup>19</sup><br>10:00 Coffee Social<br>Potato Days Activities<br>& Snacks<br>2:00 Music with Siiri<br>3:00 Puzzles & Games | 9:30 Exercise Group <sup>20</sup><br>10:00 Coffee Social<br>Rock 'round the Clock<br>Day Activity & Music<br>1:30 Bus Outing<br>Check the plants | 9:30 Exercise Group <sup>21</sup><br>10:00 Coffee Social<br>National Senior<br>Citizen Day!<br>2:00 What is<br>Spumoni? Fun Facts       | 9:30 Exercise Group <sup>22</sup><br>10:00 Coffee Social<br>Sunflower Day<br>Activity<br>1:00 Van Outing<br>5:00 Enjoy the porch                             | 9:30 Walking Group <sup>23</sup><br>10:00 Coffee Social<br>Singing in the Rain<br>Day-Movie<br>2:00 Get outside, take<br>a walk enjoy the porch |
| 9:30 Walking Group <sup>24</sup><br>10:00 Coffee Social<br>US Open Viewing &<br>Fun Facts<br>11:00 Worship<br>service on You Tube         | 9:30 Exercise Group <sup>25</sup><br>10:00 Coffee Social<br>National Parks<br>Anniversary Activities<br>1:30 Bus Outing with<br>Stops    | 9:30 Exercise Group <sup>26</sup><br>10:00 Coffee Social<br>National Dog Day<br>Activities<br>2:00 Cherry Popsicle<br>Day                       | 9:30 Exercise Group <sup>27</sup><br>10:00 Coffee Social<br>Guinness Book of<br>World Records<br>Activities<br>1:30 Bus Outing                   | 9:30 Exercise Group <sup>28</sup><br>10:00 Coffee Social<br>Martin Luther King<br>Facts & Activities<br>2:00 Residents'<br>Choice Games | 9:30 Exercise Group <sup>29</sup><br>10:00 Coffee Social<br>Paul Bunyan Day Fun<br>Facts & Activity<br>2:00 Townhall<br>Meeting & Snacks                     | 9:30 Walking Group <sup>30</sup><br>10:00 Coffee Social<br>Ted Williams Day<br>Activity Sheets<br>2:00 Get outside if it's<br>nice!             |
| 9:30 Walking Group <sup>31</sup><br>10:00 Coffee Social<br>11:00 Worship<br>Service on You Tube<br>2:00 Movie Night                       |  |   |  |   |  |   |

