



## Visitation Guidelines

On March 10, 2021, the federal Centers for Disease Control (CDC) and the Centers for Medicare and Medicaid Services (CMS) issued updated guidance regarding visitation in long-term care settings. Maine CDC and the Division of Licensing and Regulatory Services have adopted these guidelines.

Woodlands Senior Living has updated its policies to reflect the following changes:

- **Fully vaccinated residents** (*those who are at least two weeks post completion of a COVID vaccination series or completion of a single dose vaccine*) may choose to have physical contact with a visitor if the following precautions are observed:
  - The resident wears a well-fitting face mask;
  - The resident performs hand hygiene before and after the visit; and
  - The visiting area is disinfected before and after the visit.
- Residents who **are not fully vaccinated** must maintain social distancing (staying 6 feet away from others) at all times.

***As a reminder, the following rules relating to community visits remain in effect:***

- Visits **must** be scheduled with the community in advance;
- The number of visitors per resident is limited to one;
  - *If a child is visiting, they must wear a mask and be accompanied by one adult. The adult visitor must supervise the child adequately to ensure he/she keeps on a mask and observes 6 feet of separation from other individuals at all times.*
- Visitors **must** submit to community screening (measuring of temperature and responding to COVID-19 related questions) at the outset of each visit;
  - *If a visitor has symptoms of COVID-19 or, regardless of vaccination status, has had close contact with a COVID-positive individual in the past 10-days, visitation is not allowed.*
- Visitors must perform hand hygiene upon entry to the community and before proceeding to the designated visiting area.
- Visits **must** occur in the designated space at the community;
- The maximum duration of each visit is one-half hour;

- All visitors are required to wear a face covering or face mask covering the mouth and nose at all times during the visit.

In accordance with the guidelines issued by federal CDC and CMS, there may be times when the community must suspend all visitation (except compassionate care visits) or visitation for a specific resident or area of the community. Visitation is allowed for all residents regardless of vaccination status unless:

- The facility is experiencing a COVID-19 outbreak;
- The facility county positivity rate is greater than 10% **and** less than 70% of the community's residents are fully vaccinated;
- A resident has COVID-19 infection until the resident has met criteria for discontinuing transmission-based precautions; or
- A resident is in quarantine (regardless of vaccination status) until the resident has met criteria for release from quarantine.

Thank you again for your patience and support of the required safety precautions.

We look forward to the ways in which these changes to our protocols will bring benefits to both the residents we serve and you, their loved ones.