

February 23, 2021

Dear Legal Representatives and Family Members:

In accordance with the guidance issued by Maine's Division of Licensing and Regulatory Services, the Office of Aging and Disability Services and Maine CDC, we will resume indoor visitation at communities in the low to medium risk categories that meet the criteria below:

1. Have not had a positive COVID-19 case in the past 14 days; and
2. Are not currently in outbreak status.

Low Risk: Positivity rate less than 5%

Medium Risk: Positivity rate 5 – 10%

High Risk: Positivity rate greater than 10%

For your reference, positivity rates in our facility counties as of 02/18/2021 were as follows:

Androscoggin	1.7
Cumberland	1.6
Franklin	3.8
Kennebec	1.2
Knox	1.4
Penobscot	1.6
Somerset	2.2

As such, many of our communities may currently allow for limited visitation in accordance with our previous visitation guidelines (inserted below).

You must adhere to the following procedures and rules for/during your visits:

1. We require that you schedule your visit in advance following the same procedures that have been in place for outdoor visits.
 - a. Visits will occur 7 days a week between the hours of 9:00 a.m. and 4:00 p.m.
 - b. Space limitations and distancing requirements demand that we allow only one visit consisting of a **single visitor** at a time.
 - c. In addition, because of the need to disinfect the visiting area between visits, the number of visits (frequency of visits) per day must be limited.
 - d. In order to provide for visits for all residents, the duration of each visit will be limited to 30 minutes.
2. Visits will occur in a facility-designated location. In most cases, to limit contacts with other residents and personnel, this is a sitting/living room area adjacent to the main entrance of the facility.
3. **DO NOT VISIT** if you are experiencing any of the following symptoms:
 - Fever (greater than 100°F) or chills;
 - Cough;
 - Shortness of breath or difficulty breathing;

- Fatigue;
 - Muscle or body aches;
 - Headache;
 - New loss of taste or smell;
 - Congestion or runny nose;
 - Nausea, vomiting or diarrhea.
4. We strongly encourage you to undergo COVID-19 testing and receive a negative result prior to each visit.
 5. Before entering the facility, notify the facility of your arrival.
 6. Facility personnel will escort the resident to the designated location and notify you when it is okay to enter the facility.
 7. Facility personnel will screen you and you will be required to perform hand hygiene before personnel escort you to the designated visiting area.
 8. During your visit you must:
 - a. Wear a facemask/covering at all times when on facility property.
 - b. Maintain social distancing (a minimum of 6 feet) between you and all others (including the resident) throughout your visit.
 - c. Remain in the designated visiting location throughout your visit, except to exit the facility.

If a visitor fails to comply with the established guidelines, facility personnel will ask that he/she immediately exit the facility and the facility may exclude the individual from future visits.

The availability of ongoing indoor visits is dependent on the occurrence of any suspected or confirmed COVID-19 case in the facility in the past 14 days as well as the facility county COVID-19 positivity rate in the previous 14 days. Maine CDC updates these statistics weekly. There may be times we must suspend visitation temporarily.

Please do not hesitate to contact me if you have questions.

Sincerely,

Executive Director/Administrator