



Dear family and friends,

A lot has changed in the past week.

I am pleased to report that, as of today, there are only two residents and one staff member still considered to have “active” cases of COVID-19 associated with Cape Memory Care. According to the CDC, a person is no longer considered active once they have passed 10 days from the initial positive test date and are no longer exhibiting any symptoms associated with COVID-19.

While almost all previously positive residents have been removed from the CDC active status list, most still continue to receive additional daily nursing and/or therapy services from contracted home health providers, such as Northern Light Health and/or Amedisys Home Health. The continued length of home health service will be determined by the provider on a case by case basis.

While it is important to celebrate the full recovery and/or progress being made by residents and staff, we are also saddened by the recent loss of a number of residents. I invite you to join the Cape Memory Care community in recognizing a moment of silence at 10:00am on Monday, June 15th to honor the memory of the residents who have passed in these last three weeks.

We are seeing many of the consistent, familiar routines resuming within the community.

Because the majority of residents are no longer considered active cases, and therefore do not need to be quarantined to a specific area of the building, we have been able to move everyone back to their original bedrooms. This has been a welcome change and comforting to many residents.

We have opened the patio and deck on each floor for outside recreation and now have one seat per table dining options in the dining rooms, so all residents can eat meals in the dining room by rotation, if they desire.

Small, socially distanced activities have restarted this past week for those who feel up to it, including popular art classes and bingo.

While we will no longer be providing daily one-on-one calls to loved ones of the residents who have now transitioned off the active list, we are resuming resident Skype calls and portable telephone calls. Please remember, just because we are not calling out to you every day, if you have any questions or concerns don't hesitate to call us. We also hope to resume window visits in the next 2-3 weeks with approval from the CDC.

We received new guidance last night from Maine Department of Health and Human Services which will now allow us to receive outside packages and supplies directly from loved ones. Please understand, deliveries must be **pre-scheduled** and delivered items cannot be transferred person-to-person but rather must be left in a designated area outside of the building. We ask

that you disinfect any/all packages to the best of your ability before delivery and follow proper hand hygiene at all times while handling the package.

On behalf of the entire Cape Memory Care team, I want to thank you for your overwhelming support and understanding during the past three weeks. Our partnership with you to make each day the best day possible for the residents we serve has been paramount to getting to this day, full of hopeful, positive news.