

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						9:00 Chair Fitness 1 9:30 Chronicle/Word search 10:30 Woodland Walkers 1:00 Root Beer Floats 3:00 Transformers (M) 6:00 Music Trivia (YT)
9:00 Music & Move 2 9:30 Chronicle/Word search 10:30 Worship Service 1:00 Little Mermaid Musical 3:00 Table Card Games 6:00 Golden Girls (YT)	9:00 Noodle Exercise 3 9:30 Chronicle/Gram 10:30 Corn Hole Game 1:00 Visit with "Bella" 1on1 room visit 3:00 Sun Set painting 6:00 Little House on the Prairie	9:00 Music and Dance 4 9:30 Chronicle/Gram 10:30 Woodlan Walkers 1:00 Visit with "Rex"/1on1 room visit 1:45 Music with Dan 3:00 Southside with You 6:00 Outdoor Ball Toss	9:00 Low impact cardio 5 9:30 Chronicle/Gram 10:30 Mixed-up things 1:00 Scavenger Hunt 2:30 Lizzy for the Birds 3:00 Moby Dick Movie (T) 6:00 Woodland Walkers	9:00 Disco chair exercise 6 9:30 Chronicle/Gram 10:30 Outdoor Bat the Ball 1:00 Bridgton Historical Museum 3:00 Water Painting 6:00 Carol Burnette (YT)	9:00 Exercise P. Eugene 7 9:30 Chronicle/Gram 11:00 Music with Anne 1:00 Outdoor Game Ball Toss 3:00 Name That Tune YT 6:00 Little house on the Prairie	9:00 Chair Zumba 8 9:30 Chronicle/word search 10:30 Woodlan Walkers 1:00 Zucchini Bread 3:00 Last Chance Harvey (T) 6:00 Card Games
9:00 Full body work 9 9:30 Chronicle/word search 10:30 Worship Service 1:00 Citrus Stamping 3:00 Chair Kick Ball 6:00 Dean Martin Show	9:00 Chair Fitness 10 9:30 Chronicle/Gram 10:45 Rock Painting 1:00 Visit with "Bella" 3:00 Beaded Bracelet Making 6:00 Cooking show	9:00 Music & Move 11 9:30 Chronicle/Gram 10:30 Memory Lane with Eric 1:00 Visit with "Rex"/1on1 room visits 3:00 Corn hole game 6:00 Puzzles	9:00 Noodle Exercise 12 9:30 Chronicle/Gram 10:30 Music with Terry 1:00 Who am I? /Flip side 3:00 Croquet game 6:00 Card Games	9:00 Music & Dance 13 9:30 Chronicle/Gram 10:30 Music with Lindsey 1:00 Water Balloon toss 3:00 Water Boy 6:00 Group Card Games	9:00 Low impact cardio 14 9:30 Chronicle/Gram 10:30 Jeopardy Game 1:00 Library Visit 3:00 Outdoor Hot potato 6:00 Bonanza (YT)	9:00 Disco chair exercise 15 9:30 Chronicle/word search 10:30 Woodland Walkers 1:00 Smoothies 3:00 Group Puzzle 6:00 Older Saying Trivia
9:00 Exercise P. Eugene 16 9:30 Chronicle/word search 10:30 Worship Service 1:00 Walk Naples Causeway 3:00 Scrabble 6:00 Little Big Shots	9:00 Chair Zumba 17 9:30 Chronicle/Gram 10:30 Outdoor Bowling 1:00 Visit with "Bella" 3:00 Table Games/1on 1 room visit 6:00 Golden Girls (T)	9:00 Full body work 18 9:30 Chronicle/Gram 10:30 Woodlan Walkers 1:00 Visit with "Rex"/1on1 Room visit 1:45 Music with Dan 3:00 Bat the ball Game 6:00 Carol Burnette (YT)	9:00 Chair fitness 19 9:30 Chronicle/Gram 10:30 Cross word Oranges 1:00 Who am I? 3:00 Chair Kick Ball 6:00 Bloopers (YT)	9:00 Music and movement 20 9:30 Chronicle/Gram 10:30 Croquet game 1:00 Poland Spring Museum Trip 3:00 Summer Color Page 6:00 All in The Family	9:00 P noodle exercise 21 9:30 Chronicle/Gram 10:45 Tie-dye outdoors 1:00 Snow Cone making 3:00 Bowling Saco Valley 6:00 Steve Harvey Show	9:00 Music & Dance 22 9:30 Chronicle/Crossword 10:30 Woodlan Walkers 1:00 Chocolate Pumpkin Cookies 3:00 A Woman Called Golda (YT) 6:00 Puzzles
9:00 Low impact cardio 23 9:30 Chronicle/Fill the grid 10:30 Worship Service 1:00 Jeopardy Trivia 3:00 Xanadu with Gene Kelly (AP) 6:00 Woodland Walkers	9:00 Disco exercise 24 9:30 Chronicle/Gram 10:30 Woodlan Walkers 1:00 Visit with "Bella" 3:00 Movie Theater 6:00 Bonanza	9:00 Exercise P. Eugene 25 9:30 Chronicle/Gram 10:30 Music with Mary 1:00 Visit with "Rex"/1on1 room visits 3:00 Croquet Game 6:00 Kiss and Make-up Movie (YT)	9:00 Chair Zumba 26 9:30 Chronicle/Gram 10:30 Sunny days word matching 1:00 Karaoke 3:00 Corn Hole Game 6:00 Puzzles	9:00 Full body work 27 9:30 Chronicle/Gram 10:30 Corn Hole Game 1:00 Songo River Queen 3:00 Sticker Puzzles 6:00 Birthday Bloopers	9:00 Chair fitness 28 9:30 Chronicle/Gram 10:30 Rainbow Bridge National Monument (YT) 1:00 Library Visit 3:00 Woodland Walkers 6:00 Animal Bloopers (YT)	9:00 Music & move 29 9:30 Chronicle 10:30 Woodland Walkers 1:00 Banana Splits 3:00 Table Games 6:00 Funny animal Videos (YT)
9:00 Noodle exercise 30 9:30 Chronicle 10:30 Worship Service 1:00 Walk Through Pondicherry Park 3:00 Scrabble 6:00 AGT (YT)	9:00 Music & dance 31 9:30 Chronicle/Gram 10:30 Sit Down Kick ball 1:00 Visit with "Bella"/1on1 room visit 3:00 Modern Trivia game 6:00 The Waltons					

