

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					9:00 Stay Balanced Fun Workout 10:00 Daily Chronicle Extra 10:30 August IQ 11:00 Piano with Anne 1:00 Bat the Balloon 3:00 Social in the Gazebo- ➤ Monthly Gazette ➤ August Newsletter 6:00 Movie Time Welcome to August Day	9:00 Woodland Walkers 10:00 Daily Chronicle Extra 10:30 No Bake- Ice Cream Sandwich 11:30 Scoops of Delight 1:00 August Pondering Prompts 3:00 Random Music Trivia 6:00 Movie Time Ice Cream Sandwich Day
9:00 Fitness Fun in the Gazebo 10:00 Daily Chronicle Extra 10:30 Worship Service ➤ God Our Provider 11:30 August IQ 1:00 Craft- Paper plate Watermelon 2:00 Watermelon Social 3:00 Kickball in the Gazebo 6:00 Movie Time Watermelon Day	9:00 Pool Noodle Workout 10:00 Daily Chronicle Extra 10:30 Chocolate Chip Cookie Craft 11:30 All About Tollhouse 1:00 Woodland Walkers 2:00 Chocolate Chip Cookie Milkshake Social 3:00 History of the Chocolate Chip Cookie 6:00 Movie Time Chocolate Chip Cookie Day	9:00 Seated Fitness Workout Made Fun 10:00 Daily Chronicle Extra 10:30 Manicures and Facials 11:30 Girls Just Gotta Have Spa Trivia 1:00 Remembering Grooming Products 3:00 Peaceful Forests Animals 6:00 Movie Time Pamper Yourself Day	9:00 Woodland Walkers 10:00 Daily Chronicle Extra 10:30 Would You Rather? Men's Edition 11:30 Who, What, Where? 1:00 '50's Trivia 2:00 Root Beer Floats and Old Time Tunes 3:00 Bingo 6:00 Movie Time A & W Root beer Float Day	9:00 Ultimate Scarf Workout 10:00 Daily Chronicle Extra 10:30 EZ Word Games ➤ Wizard of Oz Edition 11:30 "Over the Rainbow" Word Puzzles 1:00 Moving Through Oz Game 3:00 Thursdays Special Feature ➤ Wicked 6:00 Movie Time Glinda the Good Witch Day	9:00 Fitness Fun with Pat 10:00 Daily Chronicle Extra 10:30 Easy and Fun Paper Hand Fall Craft 11:30 No Bake- Fresh & Fruity Summer Punch 1:00 Bridgton Library 3:00 Popsicles and Bubbles in the Gazebo 6:00 Movie Time Beat the Heat Day	9:00 Chair Exercises for Seniors 10:00 Daily Chronicle Extra 10:30 Bowling 11:30 Bowling Word Puzzle 1:00 Bowling Sports Buddy Craft 3:00 Stories from the Screen ➤ Phoenix, Oregon 6:00 Movie Time Bowling day
9:00 Seated Exercises for the Brain 10:00 Daily Chronicle Extra 10:30 Worship Service ➤ Citizenship 11:30 Summertime Trivia 1:00 Baking- S'more's 2:00 S'more's Social 3:00 S'mores Craft 6:00 Movie Time S'more Day	9:00 Fun and Easy Chair Exercises 10:00 Daily Chronicle Extra 10:30 No Bake- Melon Fruit Salad 11:30 Fruit Jokes 1:00 Watermelon Craft 2:00 Summertime Melon Medley Social 3:00 Music and Memories in the Gazebo 6:00 Movie Time Melon Monday	9:00 Get Fit While You Sit 10:00 Daily Chronicle Extra 10:30 Memory Lane Show 11:00 Picnic- Sabatis Island 11:30 Trunk Trivia 1:00 No Bake- Elephant Snack Mix 3:00 Elephant Color by Number 6:00 Movie Time World Elephant Day	9:00 Carestream Exercises 10:00 Daily Chronicle Extra 10:30 Music with Terry 11:30 Playing Horseshoes Word Puzzle 1:00 Horseshoe Pitching 3:00 Horseshoe Door Decor 6:00 Movie Time Horseshoe Pitching Day	9:00 Exercise to Improve Movement and Mood 10:00 Daily Chronicle Extra 10:30 Music with Lindsey 11:30 Easy No-Bake Lemon Pie 1:00 Kickball in the Gazebo 2:00 All About Lemons Social 3:00 Easy Mixed Media Lemon Craft 6:00 Movie Time Lemon Day	9:00 Chair Based Exercise for Diabetes 10:00 Daily Chronicle Extra 10:30 Adult Coloring 11:00 Piano with Anne 1:00 "Relaxing in Nature" Video and Hand Massages 3:00 Lemonade and Trivia in the Gazebo 6:00 Movie Time Relaxation Day	9:00 Gentle Range of Motion 10:00 Daily Chronicle Extra 10:30 Baking- Elvis' Birthday Cookies 11:30 Elvis Word Puzzle 1:00 Elvis Sing-Along 3:00 Elvis Bingo 6:00 Movie Time Remembering Elvis Day
9:00 Music and Movement 10:00 Daily Chronicle Extra 10:30 Worship Service ➤ Hospitality 11:30 Fun at the Fair Crossword 1:00 Golf Ball Art 3:00 FAIRS Bingo 6:00 Movie Time Fair Day	9:00 Boost Your Brain Power Seated Exercises 10:00 Daily Chronicle Extra 10:30 Baking- Banana Pudding Cupcakes 11:30 Cute Cupcake Crossword 1:00 Australia Trivia 3:00 TV Travel- Australia Nature Video 6:00 Movie Time Cupcake Day in Australia	9:00 Memory Support Noodle Exercise 10:00 Daily Chronicle Extra 10:30 Coffee and Conversation ➤ Women in History 11:30 Women's Right to Vote Word Puzzle 1:00 Women Who Changed History 2:00 Music with Dan 3:00 Hidden Women In Science 6:00 Movie Time Anniversary of Women's Right to Vote	9:00 Woodland Walkers 10:00 Daily Chronicle Extra 10:30 11:30 County Fair Collage Detective 1:00 Reminiscing- Lemonade Stands 2:00 Blended Sweet and Creamy Lemonade 3:00 "Sense"-ational Ice Cubes 6:30 Movie Time National Lemonade Day	9:00 Be Balanced- Posture & Balance 10:00 Daily Chronicle Extra 10:30 Hawaii Bingo 10:30 Hawaii Bingo 11:30 Where am I? 1:00 Hawaiian Flora and Fauna Scavenger Hunt 2:00 Blue Hawaiian Drink Social 3:00 Movie- Gidget Goes Hawaiian 6:00 Movie Time Hawaii Becomes a State Day	9:00 Fitness Fun with Pat 10:00 Daily Chronicle Extra 10:30 No Bake- Creamy Strawberry Angel Food Treat 11:30 Garden Hobby Detective 1:00 Bridgton Library 3:00 Friday Flick Fest ➤ The Trouble with Angels 6:00 Movie Time Be an Angel Day	9:00 Stretching for Seniors 10:00 Daily Chronicle Extra 10:30 Gene Kelly's Film Hangman 11:30 Gene Kelly Trivia 1:00 Umbrella-Stained Glass 3:00 Stories from the Screen ➤ Singin' in the Rain 6:00 Movie Time "Singin' in the Rain" Day
9:00 Sit, Praise, Workout 10:00 Daily Chronicle Extra 10:30 Worship Service ➤ Wisdom 11:30 45 Crunchy Facts About Potato Chips 1:00 Baking- Potato Chip Cookies 3:00 How it's Made- Potato Chips & Weird Potato Chip Flavors 6:00 Movie Time Happy Birthday, Potato Chips	9:00 Exercise on Down the Road 10:00 Daily Chronicle Extra 10:30 Wizard of Oz Bingo 11:30 Wizard of Oz Trivia 1:00 Melodies from the Yellow Brick Road 3:00 Movie & Popcorn- Wizard of Oz 6:00 Movie Time Wizard of Oz Day	9:00 Seated Exercises for the Brain 10:00 Daily Chronicle Extra 10:30 Music with Mary 11:30 All the Way We've Wiped 1:00 Toilet Paper Roll Bowling 3:00 Toilet Paper Pull 6:00 Movie Time Toilet Paper Day	9:00 Woodland Walkers 10:00 Daily Chronicle Extra 10:30 No Bake- Perfect Party Banana Split 11:00 Picnic- Woods Pond 1:00 Craft- Banana Mosaic Art 2:00 Going Bananas Social 3:00 Feed the Monkey Game 6:00 Movie Time Banana Lovers Day	9:00 Seated Workout to Improve Health 10:00 Daily Chronicle Extra 10:30 Build a Popsicle Craft 11:30 EZ Word Game 1:00 Crayon Resist Art 2:00 Popsicles and Summertime Tunes in the Gazebo 3:00 Popsicle Stick Puzzles 6:00 Movie Time Popsicle Day	9:00 Fitness Friday Exercise 10:00 Daily Chronicle Extra 10:30 Woodland Downs Horseraces 11:30 American Wild West Quiz 1:00 Water Gun Art 3:00 Remembering the Soap Box Derby 6:00 Movie Time Chuckwagon Races	9:00 Move & Shout Workout 10:00 Daily Chronicle Extra 10:30 Craft- Sea in a Bottle 11:30 Oceanic IQ 1:00 Underwater Wonders 3:00 Seashore Sensory Group 6:00 Movie Time Beach Day
9:00 Exercise Sequences for Coordination, Balance & Cognition 10:00 Daily Chronicle Extra 10:30 Worship Service ➤ Mercy 11:30 Who, What, Where? 1:00 Woodland Walkers 2:00 Snack in the Gazebo 3:00 Movie Mania 6:00 Movie Time Eat Outside Day						

