

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					9:00 Fitness Fun with Pat 10:00 Daily Chronicle Extra 10:30 Coffee and Conversation ➤ Monthly Gazette ➤ November Newsletter 11:00 Piano with Anne 1:00 Bridgton Library 1:00 Woodland Walkers 3:00 Thankful Paper Quilt 6:00 Movie Time	9:00 Seated Fitness for Seniors 10:00 Daily Chronicle Extra 10:30 Craft- Build a Bison 11:30 Bison or Buffalo? 1:00 Bison, People and Plains 3:00 Funniest Animals 6:00 Movie Time
					Welcome to November Day	National Bison Day
9:00 Fun and Easy Chair Exercises 10:00 Daily Chronicle Extra 10:30 Worship Service- Courage 11:30 Fall Time Detective 1:00 Autumn Busy Packets 3:00 Movie & popcorn ➤ Little Women 6:00 Movie Time	9:00 Bat the Balloon 10:00 Daily Chronicle Extra 10:30 Craft- Leaf Bowl (Part 1) 11:30 Amazing Chimpanzee Fun Facts 1:00 Craft- Leaf Bowl (Part 2) 2:00 Chunky Monkey Smoothie Social 3:00 Primate Webcam 6:00 Movie Time	9:00 Kickball 10:00 Daily Chronicle Extra 10:30 Rock 'N' Roll Bingo 11:30 Rock 'N' Roll Trivia 1:00 Adult Rock 'N' Roll Coloring Pages 3:00 60's Greatest Hits Sing-along 6:00 Movie Time	9:00 Woodland Walkers 10:00 Daily Chronicle Extra 10:30 Horse Basketball Game 11:30 Basketball Trivia 1:00 Mini Basketball 3:00 Sports Buddies Paper Craft 6:00 Movie Time	9:00 Fitness Fun with Pat 10:00 Daily Chronicle Extra 10:30 Board Games and Puzzles 11:30 Puzzling Puzzle Word Match 1:00 Games Bingo 3:00 Woodland Walkers Obstacle Course 6:00 Movie Time	9:00 Gentle Range of Motion 10:00 Daily Chronicle Extra 10:30 No Bake- Cappuccino Dessert 11:30 Adult Coloring 1:00 November Pondering Prompts 3:00 Bat the Balloon 6:00 Movie Time	9:00 Woodland Walkers 10:00 Daily Chronicle Extra 10:30 Baking- Cajun Cake 11:30 Louisiana Trivia 1:00 TV Travel- Louisiana 2:00 All That Jazz Social 3:00 Craft- Louisiana State Wildlife 6:00 Movie Time
"Fall Back" Day	Amazing Chimpanzees Day	Rock 'n' Roll Birthday Party	Hoops Day	Games and Puzzle Day	National Cappuccino Day	National Louisiana Day
9:00 Pool Noodle Workout 10:00 Daily Chronicle Extra 10:30 Bible Study- Psalm 71 ➤ Even to Old Age 11:30 What Am I? 1:00 Craft- Footprints in the Sand 3:00 Mix and Mingle Church Games 4:00 One to One Nail Care 6:00 Movie Time	9:00 Exercises to Build Strength and Improve Fitness 10:00 Daily Chronicle Extra 10:30 Veterans Day Coloring Pages 11:30 Veterans Day Discussion 1:00 Veterans Day Trivia 3:00 Remembering Courage, Honoring Sacrifice 6:00 Movie Time	9:00 Woodland Walkers 10:00 Daily Chronicle Extra 10:30 Magazine Scavenger Hunt 11:30 Junk Draw Detective 1:00 Mocktail Hangman 2:00 Mocktail Happy Hour 3:00 Movie- Mackintosh and TJ 6:30 Movie Time	9:00 Kickball 10:00 Daily Chronicle Extra 10:30 Recycled Bottle Craft 11:30 Junk Draw Detective 1:00 Remember These Vintage Items? 2:00 Memory Lane Show 3:00 Woodland Walkers 3:00 1-1 Reminiscing 6:00 Movie Time	9:00 Fun Seated Workout 10:00 Daily Chronicle Extra 10:30 Music with Terry 11:30 Teddy Bear Trivia 1:00 Craft- No Sew Stuffed Teddy Bear 2:00 Teddy Bear Tea 3:00 1-1 Room Visits 3:00 Movie- Ted 6:00 Movie Time	9:00 Fitness Fun with Pat 10:00 Daily Chronicle Extra 10:30 Baking- The Great Raisin Cookie 11:00 Piano with Anne 1:00 Bridgton Library 1:00 Cranium Crunches 3:00 Bat the Balloon 6:00 Movie Time	9:00 Exercise to Improve Mood and Movement 10:00 Daily Chronicle Extra 10:30 Name That Rock Tune 11:30 Woodland Walkers 1:00 Finish the Song Title 3:00 Reminiscing- American Bandstand 6:00 Movie Time
Bible Study Day	Veterans Day	Mocktail Day	National Recycling Day	American Teddy Bear Day	National Raisin Bran Cereal Day	Sing a Song Saturday
9:00 Elderfit Full Body Chair Exercises 10:00 Daily Chronicle Extra 10:30 Worship Service- Blessing 11:30 Mountain Hike Match Up 1:00 Woodland Walkers 3:00 Virtual Hike- Bryce Canyon National Park 6:00 Movie Time	9:00 Fitness Fun with Pat 10:00 Daily Chronicle Extra 10:30 Horseraces 11:30 Cowboy Days Crossword 1:00 Cowboy Classic Tunes 3:00 Classic TV Westerns 6:00 Movie Time	9:00 Kickball 10:00 Daily Chronicle Extra 10:30 Craft- Table Turkey Napkin Rings 11:30 Turkey Trivia 1:00 Turkey Toss 2:00 Music with Dan 3:00 Woodland Walkers 3:00 1-1 Room visits 6:00 Movie Time	9:00 Woodland Walkers 10:00 Daily Chronicle Extra 10:30 State Plate Game 11:30 "Stately" Facts and Trivia 1:00 Empire State Elevator 3:00 TV Travel- Route 66 Road Trip 3:00 1-1 Keep on Rocking 6:00 Movie Time	9:00 Parachute Toss 10:00 Daily Chronicle Extra 10:30 Reminiscing- Television throughout the Years 11:30 Guess the TV Tune 1:00 TV Show Bingo 3:00 Classic TV Shows 3:00 Finish the Line 6:00 Movie Time	9:00 Fitness Friday Exercises 10:00 Daily Chronicle Extra 10:30 Lindbergh's Flight Trivia Game 11:30 Airplanes Wordsearch and Crossword Puzzles 1:00 Toilet Paper Roll Airplane Craft 3:00 Movie- Amelia 6:00 Movie Time	9:00 Bat the Balloon 10:00 Daily Chronicle Extra 10:30 Baking- Nice and Easy Dr. Pepper Chocolate Cake 11:30 Vintage Dr. Pepper Commercials 1:00 Nuts A-Z 3:00 Woodland Walkers 4:00 1-1 Nail Care 6:00 Movie Time
Take a Hike Day	Cowboy Day	Let's Talk Turkey Tuesday	Stately Knowledge Day	Watching the Television Day	National Amelia Day	Free Dr. Pepper Day
9:00 Memory Support Noodle Exercises 10:00 Daily Chronicle Extra 10:30 Scripture and Song ➤ Giving Thanks 11:30 Fun and Games Word Search 1:00 Survey Says! 3:00 Games, Games and more Games 6:00 Movie Time	9:00 Chair Pilates for Seniors 10:00 Daily Chronicle Extra 10:30 No Bake- Lemon Parfait 11:30 Let's Pack 1:00 November Match Up 3:00 Woodland Walkers 4:00 Bat the Balloon 6:00 Movie Time	9:00 Woodland Walkers 10:00 Daily Chronicle Extra 10:30 Music with Mary 11:30 Who, What, Where? 1:00 The Price was Right- Decades Past 3:00 Movie- A Hard Day's Night 3:00 1-1 Nail Care 6:00 Movie Time	9:00 Kickball 10:00 Daily Chronicle Extra 10:30 No Bake- Personal Pumpkin Pies 11:30 Did You Know? 1:00 Craft- No Calorie Pumpkin Pie 3:00 Pumpkin Roll and Cover 3:00 Woodland Walkers 6:00 Movie Time	8:30-12 Macy's Thanksgiving Parade 9:00 Turkey Trot 10:00 Daily Chronicle Extra 10:30 Gobble, Gobble Card Game 11:30 The Parade in Review Quiz 1:00 Turkey Tail Bingo 3:00 Woodland Walkers Capture the Turkey Bandit 6:00 Movie Time	9:00 Fitness Fun with Pat 10:00 Daily Chronicle Extra 10:30 Hardware Store Shopping Game 11:30 Shopper in Training Detective 1:00 Bridgton Library 1:00 1950's Trivia for Seniors 3:00 The Price was Right- 1960's 6:00 Movie Time	9:00 Music and Movement 10:00 Daily Chronicle Extra 10:30 Hat Decorating 11:30 November Jeopardy Trivia 1:00 Woodland Walkers Hat Parade 3:00 Roaring Reminiscing 6:00 Movie Time
Let the Games Begin	Parfait Day	The Price is Right Day	Pumpkin Pie Day	Happy Thanksgiving	Shop 'Til You Drop Day	Crazy Hat Day

