

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						9:00 Move & Shout Workout 1 9:30 Daily Chronicle 10:30 Name That Tune 1:00 Concentration Puzzles 3:00 Movie Queen Bees(P)
9:00 Elder Fit Full Body Chair 2 9:30 Daily Chronicle 10:30 Worship Service 1:00 Pumpkin Fluff Treat 3:00 Movie <i>The Magic of Belle Isle</i> (P)	9:00 Pool Noodle Workout 3 9:30 Daily Chronicle 10:30 Who Am I? & Good News Gram 1:00 Fill in the Autumn Colors 3:00 Movie <i>Red Dog</i> (P)	9:00 Music and Movement 4 9:30 Daily Chronicle 10:30 Wacky Words & Good News Gram 1:00 One on One /Visit with Rex 3:00 Movie <i>Starsky & Hutch</i> (T)	9:00 Bat the Balloon (Bridge Crossing #1) 5 10:30 Art Activity (Bridge Crossing#2) 1:00 Daily Chronicle & Trivia 3:00 Movie <i>Clara's Heart</i> (T)	9:00 Seated Fun Fitness for Seniors 6 9:30 Daily Chronicle 10:30 Pondering Prompts & Good News Gram 1:00 Board Game 3:00 Bingo	9:00 Get Strong with Simple Exercise 7 9:30 Daily Chronicle 11:00 Piano with Anne 1:00 Library/True or Fowl Game 3:00 Movie <i>Gilligan's Island</i> (T)	9:00 Exercise with Paul Eugene 8 9:30 Daily Chronicle 10:30 Who Said It? 1:00 Board Game 3:00 Movie <i>Fantasy Island</i> (T)
9:00 Boost Your Brain Power 9 9:30 Daily Chronicle 10:30 Worship Service 1:00 Board Game 3:00 Movie <i>Secondhand Lions</i> (T)	9:00 Exercise with Paul Eugene 10 9:30 Daily Chronicle 10:30 Good News Gram 1:00 Veterans Day Color 3:00 Movie <i>A Family Thing</i> (P)	9:00 Tuesday Tune-up 11 9:30 Daily Chronicle 10:30 Memory Lane Show with Eric 1:00 Veterans Talk Tidbits/Visit with Rex 3:00 Movie <i>Murder She Wrote</i> (T)	9:00 Art Activity (Bridge Crossing#1) 12 10:30 Music with Terry (Bridge Crossing#2) 1:00 Daily Chronicle & Hangman 3:00 Movie <i>A Woman Called Moses</i> (T)	9:00 Seated Workout to Improve Health 13 9:30 Daily Chronicle 10:30 Good News Gram 1:00 Give Thanks Coloring 3:00 Bingo	9:00 Balance and Posture 14 9:30 Daily Chronicle 10:30 Music Activity 1:00 One on One 3:00 Movie <i>All in The Family</i> (T)	9:00 Seated Tai Chi 15 9:30 Daily Chronicle 10:30 Color Quilt Squares 1:00 Poultry Puns and Jokes 3:00 Movie <i>Just Getting Started</i> (P)
9:00 Seated Dance Workout 16 9:30 Daily Chronicle 10:30 Worship Service 1:00 Pumpkin Cookies 3:00 Movie <i>Yours Mine and Ours</i> 1968(P)	9:00 Exercise with Paul Eugene 17 9:30 Daily Chronicle 10:30 Good News Gram 1:00 Simple Turkey Coloring 3:00 Movie <i>Jeremiah Johnson</i> (T)	9:00 The Great Lakes Workout 18 9:30 Daily Chronicle 10:30 Trivia Activity 1:00 One on One /Visit with Rex 2:00 Music with Dan 3:00 Movie <i>Gilligan's Island</i> (T)	9:00 Ball Toss (Bridge Crossing#1) 19 1030 Art Activity (Bridge Crossing#2) 1:00 Daily Chronicle/Fill in the Blank 3:00 Movie <i>Ride to Freedom</i> (T)	9:00 Heart and Soul Fitness 20 9:30 Daily Chronicle 10:30 Good News Gram 1:00 Board Game 3:00 Bingo	9:00 Fitness Fun for Seniors 21 9:30 Daily Chronicle 11:00 Piano with Anne 1:00 Library/Intention Cards 3:00 Movie <i>La Bamba</i> (T)	9:00 Exercise with Paul Eugene 22 9:30 Daily Chronicle 10:30 Activity 1:00 Simple Turkey Coloring 3:00 Movie <i>Darling Companion</i> (T)
9:00 Get Stronger Simple Exercise 23 9:30 Daily Chronicle 10:30 Worship Service 1:00 Board Game 3:00 Movie <i>Gypsy</i> (P)	9:00 Exercise with Paul Eugene 24 9:30 Daily Chronicle 10:30 When You Wish Upon a Bone & GNG 1:00 Turkey/Chicken Trivia 3:00 Movie <i>Miss Jane Pittman</i> (T)	9:00 Low Impact Cardio for Seniors 25 9:30 Daily Chronicle 10:30 Music with Mary 1:00 True of Fowl Game/Visit with Rex 3:00 Movie <i>Starsky & Hutch</i> (T)	9:00 Art Activity (Bridge Crossing#1) 26 10:30 Chair Exercise (Bridge Crossing#2) 1:00 Daily Chronicle/Name That Tune 3:00 Movie <i>Murder She Wrote</i> (T)	9:00 Seated Disco Workout 27 9:30 Daily Chronicle 10:30 Good News Gram 1:00 Capture the Turkey Bandit Game 3:00 Parades	9:00 Seniors at 60 Workout 28 9:30 Daily Chronicle 10:30 Puzzle Pondering 1:00 One on One 3:00 Movie <i>Fantasy Island</i> (T)	9:00 Seated Tai Chi 29 9:30 Daily Chronicle 10:30 Who Am I? 1:00 Modern Jeopardy 3:00 Movie <i>Bad Grandmas</i> (P)
9:00 Full Chair Workout 30 9:30 Daily Chronicle 10:30 Worship Service 1:00 Peanut Butter Cookies 3:00 Movie <i>Christmas Angel</i> (P)						