

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			9:00 Exercise 1 10:00 Snack Social 10:30 Parfait Party 11:30 Stretch & Fold 1:00 1:1 3:00 UNO 6:30 Evening Stroll	9:00 Exercise 2 10:00 Snack Social 10:30 Cooking Corner 11:30 Stretch & Fold 1:00 1:1 3:00 BINGO 6:30 Movie & Snack	9:00 Exercise 3 10:00 Snack Social 10:30 Where's the Match? 11:30 Stretch & Fold 1:00 1:1 3:00 Dance HOP 6:30 Evening Stroll	9:00 Exercise 4 10:00 Snack Social 10:30 Crosswords 11:30 Stretch & Fold 1:00 1:1 3:00 Bowling 6:30 Movie & Snack
9:00 Exercise 5 10:00 Snack Social 10:30 Sunday Service 11:30 Stretch & Fold 1:00 1:1 3:00 Cornhole 6:30 Evening Stroll	9:00 Exercise 6 10:00 Snack Social 10:30 Weekly Resident 11:30 Stretch & Fold 1:00 1:1 3:00 Word Search 6:30 Trivia	9:00 Exercise 7 10:00 Snack Social 10:30 Spa Hour 11:30 Stretch & Fold 1:00 1:1 3:00 BINGO 6:30 Movie & Snack	9:00 Exercise 8 10:00 Snack Social 10:30 Flower Power 11:30 Stretch & Fold 1:00 1:1 3:00 History Trivia 6:30 Evening Stroll	9:00 Exercise 9 10:00 Snack Social 10:30 Cooks Corner 11:30 Stretch & Fold 1:00 1:1 3:00 BINGO 6:30 Movie & Snack	9:00 Exercise 10 10:00 Snack Social 10:30 What's That Smell? 11:30 Stretch & Fold 1:00 1:1 3:00 Dance HOP 6:30 Evening Stroll	9:00 Exercise 11 10:00 Snack Social 10:30 Crosswords 11:30 Stretch & Fold 1:00 1:1 3:00 Bowling 6:30 Movie & Snack
9:00 Exercise 12 10:00 Snack Social 10:30 Sunday Service 11:30 Stretch & Fold 1:00 1:1 3:00 Cornhole 6:30 Evening Stroll	9:00 Exercise 13 10:00 Snack Social 10:30 Weekly Resident 11:30 Stretch & Fold 1:00 1:1 3:00 Word Search 6:30 Music Trivia	9:00 Exercise 14 10:00 Snack Social 10:30 Spa Hour 11:30 Stretch & Fold 1:00 1:1 3:00 BINGO 6:30 Movie & Snack	9:00 Exercise 15 10:00 Snack Social 10:30 Flower Power 11:30 Stretch & Fold 1:00 1:1 3:00 what's That Taste? 6:30 Evening Stroll	9:00 Exercise 16 10:00 Snack Social 10:30 Cooking Corner 11:30 Stretch & Fold 1:00 1:1 3:00 BINGO 6:30 Movie & Snack	9:00 Exercise 17 10:00 Snack Social 10:30 Hot or Cold? 11:30 Stretch & Fold 1:00 1:1 3:00 Dance HOP 6:30 Evening Stroll	9:00 Exercise 18 10:00 Snack Social 10:30 Crosswords 11:30 Stretch & Fold 1:00 1:1 3:00 Bowling 6:30 Movie & Snack
9:00 Exercise 19 10:00 Snack Social 10:30 Sunday Service 11:30 Stretch & Fold 1:00 1:1 3:00 Cornhole 6:30 Evening Stroll	9:00 Exercise 20 10:00 Snack Social 10:30 Weekly Resident 11:30 Stretch & Fold 1:00 1:1 3:00 Word Search 6:30 Food Trivia	9:00 Exercise 21 10:00 Snack Social 10:30 Spa Hour 11:30 Stretch & Fold 1:00 1:1 3:00 BINGO 6:30 Movie & Snack	9:00 Exercise 22 10:00 Snack Social 10:30 Flower Power 11:30 Stretch & Fold 1:00 1:1 3:00 Hot or Cold? 6:30 Evening Stroll	9:00 Exercise 23 10:00 Snack Social 10:30 Cooking Corner 11:30 Stretch & Fold 1:00 1:1 3:00 BINGO 6:30 Movie & Snack	9:00 Exercise 24 10:00 Snack Social 10:30 Where's the Match? 11:30 Stretch & Fold 1:00 1:1 3:00 Dance HOP 6:30 Evening Stroll	9:00 Exercise 25 10:00 Snack Social 10:30 Crosswords 11:30 Stretch & Fold 1:00 1:1 3:00 Bowling 6:30 Movie & Snack
9:00 Exercise 26 10:00 Snack Social 10:30 Sunday Service 11:30 Stretch & Fold 1:00 1:1 3:00 Cornhole 6:30 Evening Stroll	9:00 Exercise 27 10:00 Snack Social 10:30 Weekly Resident 11:30 Stretch & Fold 1:00 1:1 3:00 Word Search 6:30 Movie Trivia	9:00 Exercise 28 10:00 Snack Social 10:30 Spa Hour 11:30 Stretch & Fold 1:00 1:1 3:00 BINGO 6:30 Movie & Snack	9:00 Exercise 29 10:00 Snack Social 10:30 Flower Power 11:30 Stretch & Fold 1:00 1:1 3:00 What's the Smell? 6:30 Evening Stroll	9:00 Exercise 30 10:00 Snack Social 10:30 Cooking Corner 11:30 Stretch & Fold 1:00 1:1 3:00 BINGO 6:30 Movie & Snack	9:00 Exercise 31 10:00 Snack Social 10:30 What Is It? 11:30 Stretch & Fold 1:00 1:1 3:00 Dance HOP 6:30 Evening Stroll	

