

| SUNDAY                                                                                                | MONDAY                                                                                                         | TUESDAY                                                                                                                                        | WEDNESDAY                                                                                                                                    | THURSDAY                                                                                                  | FRIDAY                                                                                                                         | SATURDAY                                                                                                         |
|-------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|
|                                                                                                       |                                                                                                                |                                                                                                                                                | 9:00 Walking Club<br>11:00 Name That Tune: Music & Coffee<br>2:00 Bingo Bonanza<br>7:00 Movie & Snacks<br><br><b>International Music Day</b> | 9:00 Senior Stretch<br>11:00 Nifty Nails<br>2:00 Walk to End Alzheimer's Prep<br>7:00 Reminiscing         | 9:00 Sitting Yoga<br>11:00 Funny Animals Video<br>2:00 Hangman<br>7:00 Meditation Music & Hot Tea                              | 9:00 Carestream<br>Guided Exercise<br>11:00 Coffee & Chit Chat<br>2:00 Trivia<br>7:00 Movie & Snacks             |
| 9:00 Spiritual Hymns<br>11:00 Daily Devotional<br>2:00 Spa Treatments<br>7:00 Reminiscing             | 9:00 Walking Club<br>11:00 Chocolate Cookie Baking<br>2:00 Bingo<br>7:00 Nighttime Movie & Snacks              | 9:00 Senior Stretch<br>11:00 Casino Cards Game<br>12:00 Make Your Own Taco<br>2:00 Word Find<br>7:00 Music & Snack<br><b>National Taco Day</b> | 9:00 Sitting Yoga<br>11:00 Corn Hole<br>2:00 Coffee and Chit Chat<br>7:00 Meditation                                                         | 9:00 Walking Club<br>11:00 Indoor Bowling<br>2:00 Nifty Nails<br>7:00 Music Sing-A-Long                   | 9:00 Senior Chair Stretches<br>11:00 Bingo Bonanza<br>2:00 Ice Cream Social<br>7:00 Slow TV: Eagle Soars                       | 9:00 Carestream<br>Guided Exercise<br>11:00 Coffee & Chit Chat<br>2:00 Word Search<br>7:00 Movie & Snack         |
| 9:00 Spiritual Hymns<br>11:00 Daily Devotional<br>2:00 Card Game-Rummy<br>7:00 Reminiscing with Music | 9:00 Walking Club<br>11:00 Today in History Look Back<br>2:00 Bake Peanut Butter Cookies<br>7:00 Movie & Snack | 9:00 Sitting Yoga<br>11:00 Word Search<br>2:00 Bingo Bonanza<br>7:00 Music & Snack                                                             | 9:00 Senior Stretch<br>11:00 Card Game Rummy<br>2:00 Coffee & Chit Chat<br>7:00 Looking Through Photographs                                  | 9:00 Sitting Yoga<br>11:00 Colorful Craft<br>2:00 Look & Find Picture Search<br>7:00 Reminiscing          | 9:00 Walking Club<br>11:00 Nifty Nails<br>2:00 Word Search<br>7:00 Meditation & Hot Tea                                        | 9:00 Carestream<br>Guided Exercise<br>11:00 Live TV<br>2:00 Coffee & Chit Chat<br>7:00 Slow TV                   |
| 9:00 Spiritual Hymns<br>11:00 Daily Devotional<br>2:00 Spa Treatments<br>7:00 Music & Snack Social    | 9:00 Walking Club<br>11:00 Karaoke<br>2:00 Bingo Bonanza<br>7:00 Nighttime Movie & Snacks                      | 9:00 Senior Stretches<br>11:00 Baking Apple Pies<br>2:00 Casino Card Games<br>7:00 Slow TV                                                     | 9:00 Sitting Yoga<br>11:00 Music Sing A-Long<br>2:00 Trivia<br>7:00 Reminiscing & Snacks                                                     | 9:00 Walking Club<br>11:00 Coffee & Chit Chat<br>2:00 Hand Ball<br>7:00 Nighttime Movie & Snacks          | 9:00 Senior Stretches<br>11:00 Hangman<br>2:00 Bingo Bonanza<br>7:00 Slow TV                                                   | 9:00 Carestream<br>Guided Exercise<br>11:00 Funny Animal Videos<br>2:00 Coffee Club<br>7:00 Meditation & Hot Tea |
| 9:00 Spiritual Hymns<br>11:00 Daily Devotional<br>2:00 Casino Card Games<br>7:00 Snack & Chat         | 9:00 Walking Club<br>11:00 Making Halloween Treats<br>2:00 Bingo Bonanza<br>7:00 Music Sing-along              | 9:00 Sitting Yoga<br>11:00 Letters to Levers Kids (Intergenerational)<br>2:00 Casino Cards<br>7:00 Coffee Club                                 | 9:00 Walking Club<br>11:00 Creating Candy Themed Cards<br>2:00 Reminiscing Halloween<br>7:00 Meditation Music                                | 9:00 Senior Chair Stretches<br>11:00 Nifty Nails<br>2:00 Halloween Theme Game<br>7:00 Movie Night & Snack | 9:00 Walking Club<br>11:00 Door to Door Candy Drop<br>2:00 Halloween Reminiscing<br>7:00 Thriller & Treats<br><b>HALLOWEEN</b> |                                                                                                                  |

