

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		9:00 Good News 1 9:30 Exercise 11:00 September Trivia 1:00 Choice Trip/Virtual Reality w/Andwell 6:00 Movie	9:00 Greet 1 on 1 2 9:30 Yoga Exercise 11:00 Chris Heard 2:00 Blueberry Popsicles & History 6:00 Movie	9:00 Good News 3 9:30 Exercise 11:00 Therapy Dog 2:00 Bingo 6:00 Movie	9:00 Greet 1 on 1 4 9:30 Exercise 11:00 Bowling 2:00 Large Tree Craft 6:00 Movie	9:00 Greet 1 on 1 5 9:30 Stretches 11:00 2:00 Board Games 6:00 Movie
9:30 Exercise 6 12:30 Church Service 2:00 Lessons from Peter Wordsearch 6:00 Movie	9:00 Greet 1 on 1 7 9:30 Exercise 11:00 Hero Detective 1:00 Bingo 6:00 Movie	9:00 Good News 8 9:30 Exercise 11:00 1970's Trivia 1:00 Hannaford Trip 6:00 Movie	9:00 Greet 1 on 1 9 9:30 Yoga Exercise 11:00 2:30 Masanobu Piano Player 6:00 Movie	9:00 Good News 10 9:30 Exercise 11:00 Oodles of Poodles 2:00 Bingo 6:00 Movie	9:00 Greet 1 on 1 11 9:30 Exercise 11:00 We're the apples 2:00 Assisted Living Week Bag Toss Social 6:00 Movie	9:00 Greet 1 on 1 12 9:30 Stretches 11:00 Watercolors 2:00 Card Games 6:00 Movie
9:30 Exercise 13 12:30 Church Service 2:00 Grandparents' Day ice Cream Social 6:00 Movie	9:00 Greet 1 on 1 14 9:30 Exercise 11:00 Trip to Salon 2:00 Bingo 6:00 Movie	9:00 Good News 15 9:30 Exercise 11:00 Fun Trivia 1:00 Manicures 6:00 Movie	9:00 Greet 1 on 1 16 9:30 Yoga Exercise 11:00 Positive Thinking Reading 2:00 Gratitude List 6:00 Movie	9:00 Good News 17 9:30 Exercise 11:00 Therapy Dog 2:00 Bingo 6:00 Movie	9:00 Greet 1 on 1 18 9:30 Exercise 11:00 Ladder Ball 2:00 Popsicle Stick Apple Craft 6:00 Movie	9:00 Greet 1 on 1 19 9:30 Stretches 11:00 Coloring Pages 2:00 Board Games 6:00 Movie
9:30 Exercise 20 12:30 Church Service 2:00 Relaxation Music 6:00 Movie	9:00 Greet 1 on 1 21 9:30 Exercise 11:00 Trip to Salon 2:00 Bingo 6:00 Movie	9:00 Good News 9:30 Exercise 22 11:00 Apple Cider Social/Trivia-1 st Day of Fall 1:00 Walmart Trip 6:00 Movie	9:00 Great 1 on 1 23 9:30 Yoga Exercise 11:00 Fall Leaves 2:00 Lakeside Orchard Trip 6:00 Movie	9:00 Good News 24 9:30 Exercise 11:00 Apple Cooking Activity 2:00 Bingo 6:00 Movie	9:00 Great 1 on 1 25 9:30 Exercise 11:00 Croquet 2:00 To the Core Craft 6:00 Movie	9:00 Greet 1 on 1 26 9:30 Stretches 11:00 Word Find 2:00 Card Games 6:00 Movie
9:30 Exercise 27 12:30 Church Service 2:00 Affirmations 6:00 Movie	9:00 Greet 1 on 1 28 9:30 Exercise 11:00 Trip to Salon 2:00 Bingo 6:00 Movie	9:00 Good News 29 9:30 Exercise 11:00 Family Trivia 1:00 Dollar Tree Trip 6:00 Movie	9:00 Great 1 on 1 30 9:30 Yoga Exercise 11:00 Wreath making 2:00 Spa Treatment 6:00 Movie			

