

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			9:30 Chair Yoga 10:15 Men's Group 11:00 Communion 2:00 Bingo 3:30 Making Patriotic Flag Wands 6:00 Scrabble	9:30 Sittercise 10:15 Presentation on Senior Fraud & Scams 2:00 Making Patriotic Owls 3:30 Flower Arranging 6:00 Jenga	9:30 Fittersitters 10:15 Making Liberty Bell Wind Chimes 2:00 Making Star-Spangled Sugar Cookies 3:00 Happy Hour 6:00 Cribbage	9:30 Coffee & Snacks in the Café 10:15 Bowling 2:00 Bingo 6:00 Movies and Popcorn
9:30 Church on TV 10:15 Coffee and Treats in the Café 3:30 Corn Hole 6:00 Puzzles	9:30 Seatworks 10:15 Trip to The 2 Cent Bridge & Park 2:00 Music with Duane 3:00 Painting with Watercolor 6:00 Card Games	9:30 Strength & Balance 10:15 Mind Joggers 2:00 Making Fairy Houses 3:30 Manicures 6:00 Board Games	9:30 Sittercise 10:15 Game of Hangman 11:00 Communion 2:00 Bingo 3:30 Corn Hole 6:00 Checkers	9:30 Fittersitters 10:15 Coffee with the Executive Director 1:30 Music with Claudia 3:00 Bowling 6:00 Scrabble	9:30 Chair Yoga 10:15 Page Farm & Home Museum 2:30 Music with Lefty 3:30 Ice Cream Social 6:00 Jenga	9:30 Coffee & Snacks in the Café 10:15 Chair Soccer 2:00 Bingo 3:30 Axe Throwing 6:00 Puzzles
9:30 Church on TV 10:15 Coffee and Treats in the Café 3:30 Gardening 6:00 Movies and Popcorn	9:30 Strength & Balance 10:15 Making Raspberry Surprise Lemon Balls 2:00 Yahtzee 3:00 Garden Rock Painting 6:00 Cribbage	9:30 Seatworks 10:15 25 Words or Less 2:00 Bingo 3:30 Knitting Group 6:00 Puzzles	9:30 Chair Y5oga 10:15 Men's Group 11:00 Communion 2:00 Music with Chris 3:30 Bean Bag Toss 6:00 Card Games	9:30 Sittercise 10:15 Name 5 2:00 Church with Pastor Paul 3:30 Flower Arranging 6:00 Jenga	9:30 Fittersitters 10:15 Colby Museum of Arts 2:00 Making Cherry Cheesecake Cookie Bars 3:00 Happy Hour 6:00 Scrabble	9:30 Coffee & Snacks in the Café 10:15 Morning Walks 2:00 Bingo 3:30 Movie Matinee 6:00 Board Games
9:30 Church on TV 10:15 Coffee & Snacks in the Café 1:00 Center Point Church 3:30 Bowling 6:00 Puzzles	9:30 Chair Yoga 10:00 Maine Wildlife Park, Gray 3:00 Unfinished Crafts 6:00 Checkers	9:30 Sittercise 10:15 Paint by the Numbers 2:00 Bingo 3:45 Rosary with Sister Mary 6:00 Movies and Popcorn	9:30 Fittersitters 10:15 Trivial Pursuit 11:00 Communion 2:00 Music with Fred & Deb 3:15 Spa Day- Sheet Face Masks & Manicures 6:00 Cribbage	9:30 Strength & Balance 10:15 Making Chocolate Dipped Pretzels with Sprinkles 2:00 Making Sprinkle Slime 3:30 Knitting Group 6:00 Puzzles	9:30 Seatworks 10:15 Painting on Canvas with Acrylics 2:00 Tabletop Ball Toss 3:00 Ice Cream Social 6:00 Card Games	9:30 Coffee & Snacks in the Café 10:15 Chair Soccer 2:00 Bingo 3:30 Visit Your Neighbors 6:00 Board Games
9:30 Church on TV 10:15 Coffee & Snacks in the Café 2:00 Chair Soccer 3:30 Axe Throwing 6:00 Board Games	9:30 Fittersitters 11:30 Picnic at Capitol Park 2:30 Making Beaded Mandalas 6:00 Puzzles	9:30 Seat Works 10:15 Painting with Acrylics 2:00 Bible Study in the Café 3:30 Knitting Group 6:00 Jenga	9:30 Strength & Balance 10:15 Men's Group 11:00 Communion 2:00 Bingo 4:00 Dinner at Amici's Cucina 6:00 Card Games	9:30 Sittercise 10:15 Mid-Morning Teatime and Snacks 2:00 Cake Decorating 3:00 Music with Billy Lake 6:00 Movie and Popcorn	9:30 Chair Yoga 10:15 Fishing at China Lake and Picnic 2:30 Music with Lefty 3:30 Resident Birthday Party 6:00 Puzzles	

