

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		9:30 Outdoor Walking 10:00 Kickball 10:30 Lunch at Thirsty Mule 2:00 Bingo 3:30 Axe Throwing 6:00 Puzzles	9:00 CP Daycare Visit 9:30 Silver Sneakers Walking Group with Maggie 10:30 Shopping at Hannaford 2:00 Trivia 3:00 Yard zee 6:00 Puzzles	9:30 Seated Ex 10:30 Kickball Outside 2:00 Bingo 3:15 Flower Arranging 3:45 Parade Float Touchups 6:00 Puzzles	4 th of July Parade 8:30 Load and Go to the Parade 2:00 Iced Tea/Coffee Social on the Porch 3:00 Axe Throwing 6:00 Puzzles	9:30 Chair Zumba 10:30 Potato Salad Creation 2:00 Bingo 3:15 Bible Study 4:15 Garden Review 6:00 Puzzles
9:30 Chair Yoga 10:30 Weed the Garden Outside 2:00 Visit with Family 3:00 Board Games/Cards 6:00 Outdoor Walking	9:30 Chair Zumba 10:30 Cornhole 11:00 Music with Duane 2:00 Outdoor Walking 6:00 Cribbage	9:30 Outdoor Walking 10:30 Palermo Christian Church Service 11:30 Lunch at Ruby Tuesday 2:00 Bingo 3:30 Axe Throwing 6:00 UNO game National Blueberry Day	9:30 Silver Sneakers Walking Group with Maggie 10:30 Shopping at Mardens 2:00 Trivia 3:00 Yard zee 6:00 Old Maid Card Game	9:30 Seated Ex 10:30 Kickball Outside 2:00 Bingo 3:00 Music with Sammi 4:00 Pina Colada Making Time to celebrate its own day! 6:00 Solitaire Game	9:30 Outdoor Walking 10:30 Axe Throwing 1:30 Library Visit to Exchange Books 2:30 Iced Tea/Coffee Social on the Porch 3:00 Fingernail Painting 6:00 Phase 10 Card Game	9:30 Chair Zumba 10:30 Potato Salad Creation 2:00 Bingo 3:15 Bible Study 6:00 Cribbage
9:30 Chair Yoga 10:30 Weed the Garden Outside 2:00 Visit with Family 3:00 Board Games/Cards 6:00 Outdoor Walking	9:30 Chair Zumba 10:30 Cornhole 2:00 Outdoor Walking 3:45 Rosary with the Sisters 6:00 Cribbage National Mac n' Cheese Day	9:30 Outdoor Walking 10:30 Kickball 1:30 Visit with Brandy the Therapy Dog in Foyer 2:00 Bingo 3:30 Axe Throwing 6:00 Declutter Day	9:30 Silver Sneakers Walking Group with Maggie 10:30 Shopping at Walmart 2:00 Trivia 3:00 Yard zee 6:00 Backgammon	9:30 Seated Ex 10:30 Kickball Outside 2:00 Bingo 3:15 Flower Arranging 4:00 Making Peach Ice Cream to Celebrate its Day 6:00 Checkers	9:30 Outdoor Walking 10:30 Axe Throwing 11:30 Lunch at Cervera's Southwest Grill 2:00 Iced Tea/Coffee Social on the Porch 3:00 Weed the Raised Beds 6:00 Dominoes	9:30 Chair Zumba 10:30 Potato Salad Creation 2:00 Bingo 3:15 Bible Study 4:15 National Daiquiri Day Time to get the blender out! 6:00 Rummy Card Game
9:30 Chair Yoga 10:30 Weed the Garden Outside 2:00 Visit with Family 3:00 Board Games/Cards 6:00 Outdoor Walking	9:30 Chair Zumba 10:00 Music with Billie Lake 10:30 Cornhole 2:00 Outdoor Walking 6:00 Cribbage	9:30 Outdoor Walking 10:00 Kickball 10:30 Lunch at McDonalds 2:00 Bingo 3:30 Axe Throwing 6:00 Puzzles	9:30 Silver Sneakers Walking Group with Maggie 10:30 Shopping at Reny's 2:00 Trivia 3:15 Music with Claudia 6:00 Puzzles	9:30 Seated Ex 10:30 Kickball Outside 2:00 Bingo 3:30 Music with Chris Heard 4:30 Trivia 6:00 Puzzles	9:30 Outdoor Walking 10:30 Axe Throwing 1:30 Library Outing 3:00 Birthday Party 3:00 Fingernail Painting 6:00 Puzzles	9:30 Chair Zumba 10:30 Potato Salad Creation 2:00 Bingo 3:15 Bible Study 6:00 Puzzles Dress like a cowboy/gal. It's National Day of the Cowboy
9:30 Chair Yoga 10:30 Weed the Garden outside 1:00 Heritage Church Service 3:00 Board Games/Cards 6:00 Outdoor Walking	9:30 Chair Zumba 10:30 Cornhole 11:00 Music with Alice and Paul 2:00 Outdoor Walking 6:00 Cribbage	9:30 Outdoor Walking 10:00 Let's Make Lasagna in the Crockpot 10:30 Kickball 2:00 Bingo 3:30 Axe Throwing 6:00 Cornhole Outside National Lasagna Day	9:30 Silver Sneakers Walking Group with Maggie 10:30 Picnic at Pemaquid Point State Park 2:00 Trivia 3:15 Music with Fred & Deb 6:00 UNO Game	9:30 Seated Ex 10:30 Kickball Outside 2:00 Bingo 3:15 Flower Arranging 4:00 Trivia 6:00 Dominoes		

