

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				9:30 Wellness in Motion: Chair Yoga 10:15 October General Knowledge Showcase 11:00 Mass 2:00 Pen Pal Letters 3:00 Knitting Group 6:00 Scrabble	9:30 Music & Move: Seatworks 10:15 Felt Flower Shadow Box 11:00 Mass 2:00 Music with Lefty 3:00 Ice Cream Social 6:00 Checkers	9:30 Wellness in Motion: Stretch & Reset 10:15 Coffee & Treats in the Cafe 2:00 Bingo 3:30 Corn Hole 6:00 Poker
9:30 Church on TV in the Theatre 10:15 Coffee & Snack in the Café 2:00 Outside Walks & Patios Talks 3:00 Bowling 6:00 Movie & Popcorn	9:30 Wellness in Motion: Walking Group 10:15 Ceramic Painting 11:00 Mass 2:00 Music with Duane 3:00 Bible Study 6:00 Puzzles	OKTOBERFEST 9:30 Music & Move: Sittercise 10:15 Kitchen Creations: Soft Pretzels 11:00 Mass 2:00 Bingo 3:00 Drink Tasting 6:00 Card Games	9:30 Wellness in Motion: Strength & Balance 10:15 Fall Complete to Compete 11:00 Communion with Elise 1:00 Shopping in Augusta 3:00 Autumn Craft Corner: Bearded Door Knome's 6:00 Board Games	9:30 Wellness in Motion: Chair Yoga 10:15 Men's Group 11:00 Mass 2:00 Kitchen Creations: Halloween Themed Treats 3:00 Apple Cider Social 6:00 Scrabble	9:30 Music & Move: Seatworks 10:15 Creating Pumpkin Bean Bags 11:00 Mass 2:00 Pumpkin Toss 3:00 Happy Hour 6:00 Checkers	9:30 Wellness in Motion: Stretch & Reset 10:15 Coffee & Treats in the Cafe 2:00 Bingo 3:30 Axe Throwing 6:00 Poker
9:30 Church on TV in the Theatre 10:15 Coffee & Snack in the Café 1:00 Movie Matinee at Augusta Regal Cinemas 6:00 Puzzles	9:30 Wellness in Motion: Walking Group 10:15 Taste of Autumn: White Chocolate Pumpkin Cookies 11:00 Mass 2:00 Pumpkin Decorating Contest 3:30 Pumpkin Voting 6:00 Puzzles	9:30 Music & Move: Sittercise 10:15 Painting Pumpkin Portraits 11:00 Mass 2:00 Bingo 3:30 Manicures 6:00 Card Games	9:30 Wellness in Motion: Strength & Balance 10:15 Autumn Name That Tune 11:30 Lunch Bunch: Long Horns 11:00 Communion with Elise 2:00 Art Throb: Pumpkin Japanese Patch Work 6:00 Board Games	9:30 Wellness in Motion: Chair Yoga 10:15 Community Care Cards 11:00 Mass 2:00 French Social Hour 3:00 Knitting Group 6:00 Scrabble	8:15 Spectrum Breakfast Buffet 9:30 Music & Move: Seatworks 10:15 Reminiscing: The Old Farmer's Almanac 11:00 Mass 2:00 Fall Harvest Word Game 3:00 Ice Cream Social 6:00 Checkers	9:30 Wellness in Motion: Stretch & Reset 10:15 Coffee & Treats in the Cafe 2:00 Bingo 3:30 Bowling 6:00 Poker
9:30 Church on TV in the Theatre 10:15 Coffee & Snack in the Café 1:00 Center Point Church 3:00 Harvest Sing-Along 6:00 Movie & Popcorn	9:30 Wellness in Motion: Walking Group 10:15 Woven Mandela's 11:00 Mass 2:30 Music with Gary 3:30 Bible Study 6:00 Puzzles	9:30 Music & Move: Sittercise 10:15 Left or Right Game 11:00 Mass 2:00 Bingo 3:45 Rosary with Sister Mary 6:00 Card Games	9:30 Wellness in Motion: Strength & Balance 10:30 Kennebec Historical Society 11:00 Communion with Elise 2:00 Music with Chris 3:00 Tea Party 6:00 Board Games	9:30 Wellness in Motion: Chair Yoga 10:15 Men's Group 11:00 Mass 2:00 Pumpkin Ring Toss 3:00 Pen Pal Letters 6:00 Scrabble	9:30 Music & Move: Seatworks 10:15 Dot-to-Dot Yarn Art 11:00 Mass 1:30 Waterville Historical Society and Apothecary 3:00 Music with Billy Lake 6:00 Checkers	9:30 Wellness in Motion: Stretch & Reset 10:15 Coffee & Treats in the Cafe 2:00 Bingo 3:30 Peer Pong 6:00 Poker
9:30 Church on TV in the Theatre 10:15 Coffee & Snack in the Café 2:00 Autumn Puzzle Club 3:00 Corn Hole 6:00 Movie & Popcorn	9:30 Wellness in Motion: Walking Group 10:15 The Allure and Mystery of Bats 11:00 Mass 2:00 VR with Jessica 3:00 Enjoying Black Cat Cocktails with Cat Facts 6:00 Puzzles	9:30 Music & Move: Sittercise 10:15 Halloween Trivia 11:00 Mass 2:00 Bingo 3:30 Manicures 6:00 Card Games	9:30 Wellness in Motion: Strength & Balance 10:15 Autumn Craft Corner: Paper Pumpkins 11:00 Communion with Elise 2:00 Music with Fred & Deb 3:00 Halloween Party 6:00 Board Games	9:30 Wellness in Motion: Chair Yoga 10:15 Sweet Traditions: Baking Birthday Cakes 11:00 Mass 1:30 Cake Decorating 3:00 Knitting Group 3:45 Hallway Trick or Treat 6:00 Scrabble	8:15 Spectrum Breakfast Buffet 9:30 Music & Move: Seatworks 10:15 Trunk or Treat Decorating 11:00 Mass 2:00 Music with Lefty 3:00 Resident Birthday Party 4:00 Trunk or Treat 6:00 Checkers	9:30 Wellness in Motion: Stretch & Reset 10:15 Coffee & Treats in the Cafe 2:00 Bingo 3:30 Chair Soccer 6:00 Poker

