

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30 Chair Yoga 10:30 Weed the Garden 2:00 Visit with Family 3:00 Board Games/Cards 6:00 This Week: Armchair Travel to Iceland	9:30 Chair Zumba 10:30 Cornhole 11:00 Music with Duane 2:00 Outdoor Walking 3:00 Cribbage 6:00 Armchair Travel	9:30 Outdoor Walking 10:30 Kickball 2:00 Bingo 3:30 Axe Throwing 6:00 Armchair Travel	9:00 CP Daycare Visit 9:30 Silver Sneakers Walking Group with Maggie 10:30 Shopping at Hannaford 2:00 Trivia 3:00 Puzzles 6:00 Armchair Travel	9:30 Seated Exercise 10:30 Kickball Outside 2:00 Bingo 3:15 Flower Arranging 6:00 Armchair Travel	9:30 Outdoor Walking 10:30 Axe Throwing 2:00 Coffee Social 3:00 Fingernail Painting 6:00 Armchair Travel	9:30 Chair Zumba 10:30 Pasta Salad Craze 11:00 Let's Make Ice Cream - National Chocolate Ice Cream Day 2:00 Bingo 3:15 Bible Study 6:00 Armchair Travel
9:30 Chair Yoga 10:30 Weed the garden outside 2:00 Visit with Family 3:00 Board Games/Cards 6:00 This Week: Armchair Travel to England	9:30 Chair Zumba 10:30 Cornhole 2:00 Outdoor Walking 3:00 Dominoes/Checkers 3:45 Rosary with the Sisters from St Theresa's Church 6:00 Armchair Travel	9:30 Outdoor Walking 10:30 Palermo Church Service 11:30 Out to Lunch at Ming Lee's 2:00 Bingo 3:30 Axe Throwing 6:00 Armchair Travel	9:30 Chair Zumba/ Silver Sneakers Group 10:30 Butterfly Release Memorial Service 1:00 Shopping at Marden's 2:00 Trivia 3:00 Puzzles 6:00 Armchair Travel	9:30 Seated Exercise 10:30 Paint River Rocks 1:45 Bingo 2:45 Music with Sammi 3:30 Axe Throwing 6:00 Armchair Travel	9:30 Outdoor Walking 10:30 Axe Throwing 11:00 Out to the Red Barn for Lunch 1:30 Checking Out Books at the Waterville Library 3:00 Fill the Basket Game	9:30 Chair Zumba 11:00 Father's Day BBQ 2:00 Bingo 3:15 Bible Study 6:00 Armchair Travel FLAG DAY
9:30 Chair Yoga 10:30 Weed the Garden 2:00 Visit with Family 3:00 Board Games/Cards 6:00 This Week: Armchair Travel to Greece HAPPY FATHER'S DAY	9:30 Chair Zumba 10:30 Cornhole 1:00 Brandy the Dog Visit 2:00 Music with Billy Lake 3:00 Dominoes/Checkers	9:30 Outdoor Walking 10:30 Kickball 11:30 Out to lunch at Lion's Den 2:00 Bingo 3:30 AxE Throwing 6:00 Armchair Travel	9:30 Chair Zumba/ Silver Sneakers Group 10:30 Shopping at Walmart 2:00 Angela's Ferrets Come to Play 3:00 Who Wants Ice Cream? Let's Go! 6:00 Armchair Travel	9:30 Seated Exercise 10:30 Make Birdseed Cookies 2:00 Bingo 3:15 Flower Arranging 3:30 Axe Throwing 6:00 Armchair Travel	9:30 Outdoor Walking 10:30 Axe Throwing 2:00 Coffee Social 3:00 Fingernail Painting 6:00 Armchair Travel	9:00 Pasta Salad Creation 9:30 Chair Zumba 10:30 Solstice Alpaca Farm Visit 2:00 Bingo 3:15 Bible Study 6:00 Armchair Travel
9:30 Chair Yoga 10:30 Weed the Garden 2:00 Visit with Family 3:00 Board Games/Cards 6:00 This Week: Armchair Travel to Mexico	9:30 Chair Zumba 10:30 Cornhole 1:00 Music with Alice and Paul 2:00 Outdoor Walking 3:00 Cribbage 6:00 Armchair Travel	9:30 Outdoor Walking 10:30 Kickball 11:15 Out to Lunch at McDonalds 2:00 Bingo 3:30 Axe Throwing 6:00 Armchair Travel	9:30 Chair Zumba/ Silver Sneakers Group 10:30 Shopping at Reny's 2:00 Trivia 3:15 Music with Deb & Fred 6:00 Armchair Travel	9:30 Seated Exercise 10:30 Paint River Rocks 11:15 Picnic at Fort Halifax 2:00 Police K-9 Demonstration 3:15 Bingo 6:00 Armchair Travel	9:30 Outdoor Walking 10:30 Axe Throwing 1:30 Checking Out Books at the Waterville Library 3:00 Fill the Basket Game National Sunglasses Day- put on your shades!	9:30 Chair Zumba 10:00 Pasta Salad Creations 11:00 Brats & Tats 2:00 Bingo 3:15 Bible Study 6:00 Armchair Travel
9:30 Chair Yoga 10:30 Weed the Garden 1:00 Heritage Baptist Church Service 2:30 Visit with Family 6:00 This Week: Armchair Travel to Italy	9:30 Chair Zumba 10:30 Cornhole 2:00 Outdoor Walking 3:00 Dominoes/Checkers 6:00 Armchair Travel					

