

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Looking Back at 2025 2:00 Penguin Art 6:00 Movie Time <b>1</b>	9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Junk Drawer Detective 1:00 Duane Performs 6:00 Movie Time w/Popcorn <b>2</b>	9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Game Shows: The Price is Right! 2:00 Mock Snowball Fight 6:00 Movie Time <b>3</b>
9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Morning Devotions 1:00 Funny Pet Videos 3:00 Beverly Hillbillies 6:00 Movie Time <b>4</b>	9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 National Bird Day: Strolling Around the Facility Bird Watching 2:00 Manicure Monday 3:00 Room Visits 1:1 6:00 Movie Time <b>5</b>	9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Bowling 2:00 Bingo 3:00 Room Visits 1:1 6:00 Movie Time w/Popcorn <b>6</b>	9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Guess that Sound Game 2:00 Cornhole 6:00 Movie Time <b>7</b>	9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Celebrating Elvis Presley's Birthday w/ Peanut butter and Banana Sandwiches 2:00 Beachball Toss w/ Beach Boys Music 6:00 Movie Time <b>8</b>	9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Sing-A-Long 2:00 Cocoa and Cookie Social 6:00 Movie Time w/Popcorn <b>9</b>	9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Game Shows: Let's Make a Deal 2:00 Coloring a Winter Scene 6:00 Movie Time <b>10</b>
9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Morning Devotions 1:00 Funny Pet Videos 3:00 Beverly Hillbillies 6:00 Movie Time w/Popcorn <b>11</b>	9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Dominoes and Board Games 2:00 Manicure Monday 3:00 Room Visits 1:1 6:00 Movie Time <b>12</b>	9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Bowling 2:00 Bingo 3:00 Room Visits 1:1 6:00 Movie Time w/Popcorn <b>13</b>	9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Iris the Dog Visits 2:00 Music Therapy w/ Heather 6:00 Movie Time <b>14</b>	9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Outing to Dollar Store 2:00 Beachball Toss w/ 50s' Music 6:00 Movie Time <b>15</b>	9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Sing-A-Long 2:00 Ice Cream Sundae Social 6:00 Movie Time w/Popcorn <b>16</b>	9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Game Shows: Beat the Clock 2:00 Mock Snowball Fight 6:00 Movie Time <b>17</b>
9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Morning Devotions 1:00 Funny Pet Videos 3:00 Beverly Hillbillies 6:00 Movie Time w/Popcorn <b>18</b>	9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Remembering Martin Luther King: Nancys' Grand Daughter Visits 1:00 Duane Performs 2:00 National Popcorn Day: Guess the Flavor 6:00 Movie Time <b>19</b>	9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Bowling 2:00 Bingo 3:00 Room Visits 1:1 6:00 Movie Time w/Popcorn <b>20</b>	9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 National Squirrel Day: Artwork 2:00 Cornhole 3:00 Room Visits 1:1 6:00 Movie Time <b>21</b>	9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Outing to Walmart 2:00 Beachball Toss w/ Elvis Music 6:00 Movie Time <b>22</b>	9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Jenga 2:00 Ice Cream Sundae Social 6:00 Movie Time w/Popcorn <b>23</b>	9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Game Shows: Deal or No Deal 2:00 Painting Hidden Snowflakes 6:00 Movie Time <b>24</b>
9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Morning Devotions 1:00 Funny Pet Videos 3:00 Beverly Hillbillies 6:00 Movie Time w/Popcorn <b>25</b>	9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Dominoes and Board Games 2:00 Manicure Monday 3:00 Room Visits 1:1 6:00 Movie Time <b>26</b>	9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Bowling 2:00 Bingo 3:00 Room Visits 1:1 6:00 Movie Time w/Popcorn <b>27</b>	9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Guess What Your Tasting 2:00 Music Therapy w/ Heather 6:00 Movie Time <b>28</b>	9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Outing to Rockland Harbor to Feed Seagulls 2:00 Beachball Toss w/ 60s' Music 6:00 Movie Time <b>29</b>	9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Sing-A-Long 2:00 Birthday Cake Social: Celebrating January Birthdays 6:00 Movie Time w/Popcorn <b>30</b>	9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Game Shows: Family Feud 2:00 Mock Snowball Fight 6:00 Movie Time <b>31</b>

