

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Morning Devotions 1:00 Funny Pet Videos 3:00 Beverly Hillbillies 6:00 Movie Time w/Popcorn	9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 National Groundhog Day : Art 2:00 Outing to Dollar Store 3:00 Room Visits 1:1 6:00 Movie Time	9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Bowling 2:00 Bingo 3:00 Room Visits 1:1 6:00 Movie Time	9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Cornhole 2:00 Dominoes and Board Games 6:00 Movie Time w/Popcorn	9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Junk Drawer Detective 1:00 Duane Performs and Plays Guitar 3:00 Room Visits 1:1 6:00 Movie Time	9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Valentine Art 2:00 Ice Cream Social 6:00 Movie Time w/Popcorn	9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Game Shows: Price is Right 2:00 Beach Ball Toss 6:00 Movie Time
8 9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Morning Devotions 1:00 Funny Pet Videos 3:00 Beverly Hillbillies 6:00 Movie Time w/Popcorn	9 9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Outing to Rockland Harbor 2:00 Manicure Monday 3:00 Room Visits 1:1 6:00 Movie Time	10 9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Bowling 2:00 Bingo 3:00 Room Visits 1:1 6:00 Movie Time	11 9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Jenga 2:00 Music Therapy w/Heather 6:00 Movie Time w/Popcorn	12 9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Sing-A-Long 2:00 Chloes' Son Visits: Truck Races 3:00 Room Visits 1:1 6:00 Movie Time	13 9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Beach Ball Toss 2:00 Valentine Party w/Families 6:00 Movie Time w/Popcorn	14 9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Game Shows: Let's Make a Deal 2:00 Cornhole 6:00 Movie Time
15 9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Morning Devotions 1:00 Funny Pet Videos 3:00 Beverly Hillbillies 6:00 Movie Time w/Popcorn	16 9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 National Presidents Day: Nancys' Granddaughter visits for Craft Time 1:00 Duane Performs and Plays Guitar 3:00 Room Visits 1:1 6:00 Movie Time	17 9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Bowling 2:00 Bingo 3:00 Room Visits 1:1 6:00 Movie Time	18 9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Cornhole 2:00 Dominoes and Board Games 6:00 Movie Time w/Popcorn	19 9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Outing to Dollar Store 2:00 Mock Snowball Fight 3:00 Room Visits 1:1 6:00 Movie Time	20 9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 National Caregiver Day: Making Cards 2:00 Ice Cream Social 6:00 Movie Time w/Popcorn	21 9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Game Shows: Family Feud 2:00 Beach Ball Toss 6:00 Movie Time
22 9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Morning Devotions 1:00 Funny Pet Videos 3:00 Beverly Hillbillies 6:00 Movie Time w/Popcorn	23 9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Guess That Sound 2:00 Sing-A-Long 3:00 Room Visits 1:1 6:00 Movie Time	24 9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Bowling 2:00 Bingo 3:00 Room Visits 1:1 6:00 Movie Time	25 9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Jenga 2:00 Music Therapy w/Heather 6:00 Movie Time w/Popcorn	26 9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Outing to Dollar Store 2:00 Beach Ball Toss 3:00 Room Visits 1:1 6:00 Movie Time	27 9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Winter Sowing Herbs 2:00 Ice Cream Social 6:00 Movie Time w/Popcorn	28 9:00 Stretching Exercises 9:30 Chair Aerobics 10:30 Game Shows: Deal or No Deal 2:00 Mock Snowball Fight 6:00 Movie Time

