

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	10:00 Exercise 2:00 Trivia 7:00 Mindful Meditation	10:00 Exercise 2:00 Movie Matinee 7:00 Mindful Meditation	10:00 Exercise 11:00 Music Therapy by Heather Ellsworth 2:00 Bingo 6:00 Oldies Music	10:30 April Residents' Birthday Celebration 11:00 Music with Duane 2:00 Flower Craft	10:00 Exercise 2:00 Bingo 7:00 Mindful Meditation	10:00 Exercise 2:00 Bingo 7:00 Mindful Meditation
10:00 Church 1:00 Walk at the Samoset 7:00 Mindful Meditation	10:00 Exercise 11:00 Arts and Crafts 2:00 Bingo 6:00 Mindful Meditation	10:00 Exercise 2:00 Old Movies 7:00 Mindful Meditation	10:00 Exercise 11:00 Music Therapy by Heather Ellsworth 2:00 Bingo 6:00 Oldies Music	10:00 Exercise 2:00 Trivia 7:00 Mindful Meditation	10:00 Exercise 2:00 Trivia 4:00 Animal Videos 7:00 Mindful Meditation	10:00 Exercise 11:00 Music 2:00 Bingo 6:00 Movie and Refreshments
10:00 Church 1:00 Walk at the Samoset 7:00 Mindful Meditation	10:00 Exercise 11:00 Music Time with Duane 2:00 Bingo 6:00 Movie and Refreshments	10:00 Exercise 2:00 Retro Movies 7:00 Mindful Meditation	10:00 Exercise 11:00 Music Therapy by Heather Ellsworth 2:00 Bingo 6:00 Movie and Refreshments	10:00 Arts and Crafts 11:00 Ball Exercise 2:00 Bingo 6:00 Movie and Refreshments	10:00 Exercise 2:00 Trivia 4:00 Animal Videos 7:00 Mindful Meditation	10:00 Exercise 11:00 Music 2:00 Bingo 6:00 Movie and Refreshments
10:00 Church 1:00 Walk at the Samoset 7:00 Mindful Meditation	10:00 Arts and Crafts 11:00 Music on Carestream 2:00 Oldies but Goodies Movies	10:00 Exercise 2:00 Retro Movies 7:00 Mindful Meditation	11:00 Music Therapy by Heather Ellsworth 2:00 Bingo 6:00 Movie and Refreshments	10:00 Oldies Movies 1:00 Arts and Crafts 2:00 Mindful Meditation	10:00 Exercise 2:00 Trivia 4:00 Animal Videos 7:00 Mindful Meditation	10:00 Music 11:00 Exercise 2:00 Bingo 6:00 Movie and Refreshments
10:00 Church 1:00 Walk at the Samoset w/Aleesha 7:00 Mindful Meditation	10:00 Exercise 2:00 Bingo 6:00 Movie and Refreshments	10:00 Exercise 2:00 Old Movies 7:00 Mindful Meditation				

