

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						9:30 Stretches <b>1</b> 10:30 Singalong Hymns 11:00 Bible Verses 1:30 Crafts & Snacks 2:30 Balloons Around the World Day 3:30 1:1 Time
9:30 Chair Yoga <b>2</b> 10:30 Bingo 11:00 Spa Day 1:30 Weaving 2:30 Writing Workshop 3:30 1:1 Time	9:30 Seated Dance <b>3</b> 10:30 Arts & Crafts 11:00 TB Music 1:30 Bean Bag Toss 2:30 Yahtzee 3:30 1:1 Time	9:30 AM Walk Club <b>4</b> 10:30 Science Lab 11:00 Balloon Toss 1:30 Name 5 2:30 Food Craft 3:30 1:1 Time	9:30 Chair Exercise <b>5</b> 10:30 Crafts & Snacks 11:00 Making Cards 1:30 Bingo 2:30 Sports on TV 3:30 1:1 Time	9:30 Seated Dance <b>6</b> 10:30 Scavenger Hunt 11:00 Book Club 1:30 Scrapbooking 2:30 This Day in History 3:30 1:1 Time	9:30 AM Walk Club <b>7</b> 10:30 Bingo 11:00 TB Music 1:30 Weaving 2:30 Campfire Stories 3:30 1:1 Time	9:30 Stretches <b>8</b> 10:30 Church on TV 11:00 Bible Stories 1:30 Crafts & Snacks 2:30 Afternoon Tea 3:30 1:1 Time
9:30 Chair Yoga <b>9</b> 10:30 Spread Joy Day 11:00 Cotton Candy 1:30 Scrapbooking 2:30 Bingo 3:30 1:1 Time	9:30 Seated Dance <b>10</b> 10:30 Arts & Crafts 11:00 TB Music 1:30 Charades 2:30 Trivia 3:30 1:1 Time	9:30 AM Walk Club <b>11</b> 10:30 Movies & Snacks 11:00 Basketball 1:30 Pictionary 2:30 Food Craft 3:30 1:1 Time	9:30 Chair Exercise <b>12</b> 10:30 Crafts & Snacks 11:00 Comedians 1:30 Bingo 2:30 Thank a Farmer 3:30 1:1 Time	9:30 Seated Dance <b>13</b> 10:30 Self Portrait 11:00 Dance Party 1:30 Weaving 2:30 Scrabble 3:30 1:1 Time	9:30 AM Walk Club <b>14</b> 10:30 Bingo 11:00 Tic Tac Toe 1:30 TV Game Shows 2:30 Afternoon Tea 3:30 1:1 Time	9:30 Stretches <b>15</b> 10:30 Singalong Hymns 11:00 Color Verses 1:30 Crafts & Snacks 2:30 Balloon Toss 3:30 1:1 Time
9:30 Chair Yoga <b>16</b> 10:30 Dictionary Day 11:00 Spa Day 1:30 Global Cat Day 2:30 Bingo 3:30 1:1 Time	9:30 Seated Dance <b>17</b> 10:30 Arts & Crafts 11:00 TB Music 1:30 Make a Mask 2:30 Campfire Stories 3:30 1:1 Time	9:30 AM Walk Club <b>18</b> 10:30 Fall Portraits 11:00 Balloon Toss 1:30 Crafts & Snacks 2:30 Jack O Lanterns 3:30 1:1 Time	9:30 Chair Exercise <b>19</b> 10:30 Crafts & Snacks 11:00 Taste Test 1:30 Movies & Snacks 2:30 Sports on TV 3:30 1:1 Time	9:30 Seated Dance <b>20</b> 10:30 Manicures 11:00 Book Club 1:30 Bean Bag Toss 2:30 This Day in History 3:30 1:1 Time	9:30 AM Walk Club <b>21</b> 10:30 Fall Flowers 11:00 TB Music 1:30 Museum Tour on TV 2:30 Bingo 3:30 1:1 Time	9:30 Stretches <b>22</b> 10:30 Church on TV 11:00 Bible Verses 1:30 Crafts & Snacks 2:30 AGT Episodes 3:30 1:1 Time
9:30 Chair Yoga <b>23</b> 10:30 Prayer Day 11:00 Spa Day 1:30 Writing Workshop 2:30 Bingo 3:30 1:1 Time	9:30 Seated Dance <b>24</b> 10:30 Arts & Crafts 11:00 TB Music 1:30 Weaving 2:30 World Ballet Day 3:30 1:1 Time	9:30 AM Walk Club <b>25</b> 10:30 Science Lab 11:00 Bowling 1:30 Crafts & Snacks 2:30 Food Craft 3:30 1:1 Time	9:30 Chair Exercise <b>26</b> 10:30 Crafts & Snacks 11:00 Comedians 1:30 Name 5 2:30 Making Cards 3:30 1:1 Time	9:30 Seated Dance <b>27</b> 10:30 Scavenger Hunt 11:00 Dance Party 1:30 National Noodle Day 2:30 TB Music 3:30 1:1 Time	9:30 AM Walk Club <b>28</b> 10:30 Trick or Treat 11:00 Pen Pals 1:30 Scrapbooking 2:30 Bingo 3:30 1:1 Time	9:30 Stretches <b>29</b> 10:30 Singalong Hymns 11:00 Bible Stories 1:30 Crafts & Snacks 2:30 Balloon Toss 3:30 1:1 Time
9:30 Chair Yoga <b>30</b> 10:30 Fall Flowers 11:00 Spa Day 1:30 Museum Tour on TV 2:30 Bingo 3:30 1:1 Time	9:30 Seated Dance <b>31</b> 10:30 Arts & Crafts 11:00 TB Music 1:30 Halloween Candy 2:30 Movies & Snacks 3:30 1:1 Time					

