

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						9:30 Morning Stretch 10:30 Cocoa Social 1:30 Afternoon Movie 2:30 Rolling Snacks 6:30 Puzzlemania 1
9:30 Morning Hymns 10:30 Coffee Social 1:30 Sunday Manicure 2:30 Ball Toss 6:30 Table Games 2	9:30 Music in Motion 10:30 Cooking 1:30 Chicken Soup Stories 2:30 Paint Bar 6:30 Evening Movie 3	9:30 Chair Yoga 10:30 Ring Toss 1:30 Finish the Phrase 2:30 Ice Cream Social 6:30 Evening Movie 4	9:30 Chair Dancing 10:30 Cape Elizabeth Light Hours 1:30 Scenic Ride 2:30 Nifty Nails 6:30 Evening Movie 5	9:30 Chair Yoga 10:30 Trivia 1:30 Noodleball 2:30 Sing-a-long 6:30 Evening Movie 6	9:30 Music in Motion 10:30 Cookie Cutter Bird Feeder 1:30 Bingo 2:30 Bowling 6:30 Friday Movie 7	9:30 Morning Stretch 10:30 Cocoa Social 1:30 Family Feud 2:30 Ring Toss 6:30 Puzzlemania 8
9:30 Morning Hymns 10:30 Coffee Social 1:30 Sunday Manicure 2:30 You Be The Judge 6:30 Table Games 9	9:30 Music in Motion 10:30 Cooking 1:30 Chicken Soup Stories 2:30 Paint and Sip 6:30 Evening Movie 10	9:30 Chair Yoga 10:30 Music with Rob 1:30 Group Walk 2:30 Ice Cream Social 6:30 Evening Movie 11	9:30 Chair Dancing 10:30 Bowling 1:30 Dunkin Donuts Trip 2:30 Nifty Nails 6:30 Evening Movie 12	9:30 Chair Yoga 10:30 Music with Vince 1:30 Board Games 2:30 Sing-a-long 6:30 Evening Movie 13	9:30 Music in Motion 10:30 Giant Crossword 1:30 Bingo 2:00 Music with Flash 6:30 Friday Movie 14	9:30 Morning Stretch 10:30 Cocoa Social 1:30 Afternoon Movie and Popcorn 2:30 Ring Toss 6:30 Puzzlemania 15
9:30 Morning Hymns 10:30 Coffee Social 1:30 Ball Toss 2:00 Music with Mosanabu 6:30 Table Games 16	9:30 Music in Motion 10:30 Music with Lee 1:30 Gardening Activity 2:30 Paint Bar 6:30 Evening Movie 17	9:30 Chair Yoga 10:30 Ring Toss 1:30 Finish the Phrase 2:30 Ice Cream Social 6:30 Evening Movie 18	9:30 Chair Dancing 10:30 Parachute Game 1:30 Fort Williams 2:00 Music with Jackie 6:30 Evening Movie 19	9:30 Chair Yoga 10:00 Billy Lake 1:30 Noodleball 2:30 Sing-a-long 6:30 Evening Movie 20	9:30 Music in Motion 10:30 Giant Crossword 1:30 Bingo 2:30 Cornhole 6:30 Friday Movie 21	9:30 Morning Stretch 10:30 Cocoa Social 1:30 Family Feud 2:30 Ring Toss 6:30 Puzzlemania 22
9:30 Morning Hymns 10:30 Coffee Social 1:30 Sunday Manicure 2:30 You Be The Judge 6:30 Table Games 23	9:30 Music in Motion 10:30 Cherry Blossom Stamping 1:30 Church Hymns 2:30 Paint Bar 6:30 Evening Movie 24	9:30 Chair Yoga 10:30 Ring Toss 1:30 Group Walk 2:30 Ice Cream Social 6:30 Evening Movie 25	9:30 Chair Dancing 10:30 Bowling 1:30 DQ Ice Cream 2:30 Nifty Nails 6:30 Evening Movie 26	9:30 Chair Yoga 10:30 Board Game 1:30 Noodleball 2:30 Sing-a-long 6:30 Evening Movie 27	9:30 Music in Motion 10:30 Giant Crossword 1:30 Bingo 2:30 Bowling 6:30 Friday Movie 28	9:30 Morning Stretch 10:30 Cocoa Social 1:30 Afternoon Movie and Popcorn 2:30 Ring Toss 6:30 Puzzlemania 29

