

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 9:00 Chair Yoga 10:00 Manicure 2:00 Walking Group 3:00 Rock Painting 6:00 Movies	2 9:00 Portland Wheelers 10:00 Drum Circle 2:00 Bingo 3:00 Flag Craft 6:00 Movies	3 9:00 Nature Walk 10:00 2:00 Popsicle Stick Craft 3:00 Read Along 6:00 Movies	4 9:00 Drum Circle 10:00 Sing Along 2:00 Happy Hour 3:00 Bingo 6:00 Movies	5 9:00 Balloon Toss 10:00 Puzzles 2:00 Bowling 3:00 Sensory Bin 6:00 Movies
6 9:00 Exercise 10:00 Hymn Singing 2:00 Cribbage 3:00 Animal Trivia 6:00 Movies	7 9:00 Sit & Stretch 10:00 Sensory Bin 2:00 Bingo 3:00 Ride Along 6:00 Movies	8 9:00 Chair Yoga 10:00 Spa Day 2:00 Puzzles 3:00 Wack A Mole 6:00 Movies	9 9:00 Drum Circle 11:00 Eastern Promenade Walk 2:00 Bingo 3:00 Crossword 6:00 Movies	10 9:00 Nature Walk 10:00 Cotton Ball Craft 2:00 Bracelet Craft 3:00 Story Telling 6:00 Movies	11 9:00 Drum Circle 10:00 Sing Along 2:00 Leaf Activity 3:00 Bingo 6:00 Movies	12 9:00 Beach Ball Game 10:00 Sing Along 2:00 Darts 3:00 Arts & Crafts 6:00 Movies
13 9:00 Exercise 10:00 Hymn Singing 2:00 Card Games 3:00 Music Trivia 6:00 Movies	14 9:00 Sit & Stretch 10:00 Volleyball 2:00 Bingo 3:00 Lighthouse Ride 6:00 Movies	15 9:00 Chair Yoga 10:00 Manicure 2:00 Walking Group 3:00 Price is Right 6:00 Movies	16 9:00 Portland Wheelers 10:00 Drum Circle 2:00 Through the Decades of Music 3:00 Word Search 6:00 Movies	17 9:00 Nature Walk 10:00 Slime Making 2:00 Owl Craft 3:00 Poetry Hour 6:00 Movies	18 9:00 Drum Circle 10:00 Resident Interviews 2:00 Happy Hour 3:00 Bingo 6:00 Movies	19 9:00 Balloon Toss 10:00 Name That Tune 2:00 Billiards 3:00 Coloring Pages 6:00 Movies
20 9:00 Exercise 10:00 Hymn Singing 2:00 Word Search 3:00 World Trivia 6:00 Movies	21 9:00 Sit & Stretch 10:00 Don't Touch the Color Game 2:00 Bingo 3:00 Foliage Drive 6:00 Movies	22 9:00 Chair Yoga 11:00 Randall's Orchard 2:00 Puzzles 3:00 Apple Craft 6:00 Movies	23 9:00 Drum Circle 10:00 Apple Tasting 2:00 Let's Make Applesauce 3:00 Card Games 6:00 Movies	24 9:00 Nature Walk 10:00 Name That Tune 2:00 Hymn Singers 3:00 Read Along 6:00 Movies	25 9:00 Drum Circle 10:00 Sing Along 2:00 Apple Art 3:00 Bingo 6:00 Movies	26 9:00 Beach Ball Game 10:00 Puzzles 2:00 Bowling 3:00 Mosaic Art 6:00 Movies
27 9:00 Exercise 10:00 Hymn Singing 2:00 Board Games 3:00 Movie Trivia 6:00 Movies	28 9:00 Sit & Stretch 10:00 Ring Toss 2:00 Bingo 3:00 Ride Along 6:00 Movies	29 9:00 Chair Yoga 10:00 Manicure 2:00 Walking Group 3:00 Jeopardy 6:00 Movies	30 9:00 Portland Wheelers 10:00 Drum Circle 2:00 Bingo 3:00 Finish the Phrase 6:00 Movies			

