

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				9:00 Chair Yoga 10:00 Therapy Cat 11:00 1:1 Check-ins 1:00 Flower Arranging 2:00 Golfing and Bowling 3:00 Winter Trivia 6:00 Star Gazing 7:00 Coloring Pages	8:00 Groundhog's Day Predictions 9:00 Watch Results 10:00 Chair Zumba 1:00 February Birthdays 3:00 Bowl Weaving 6:00 Guided Breathing 7:00 Read Aloud	9:00 Stretch and Move 10:00 Bake Cookies 11:00 1:1 Check-ins 1:00 Play Ski Ball 2:00 Decorate Cookies 3:00 Comedy Hour 6:00 Documentary and Snacks
9:00 Move and Groove 10:00 Bible Reading 11:00 Church Mass 1:00 Make Snowflakes 2:00 Snowball Toss 3:00 Mindful Moment 6:00 Spiritual Trivia	9:00 Sittercize 10:00 Make Pom-Pom Coasters 11:00 1:1 Check-ins 1:00 Pretzel and Nutella Log Cabins 3:00 Bingo 6:00 Finish the Story	9:00 Strike-A-Pose 10:00 Make Fruit Pizzas 11:00 Scrap Booking 1:00 Movie Matinee 3:00 1:1 Check-ins 6:00 Write Letters 7:00 I Love Lucy	9:00 Jazz and Move 10:00 Magazine Collages 11:00 Glow Ring Toss 1:00 Spa Day 3:00 Teatime 6:00 Card Games 7:00 Deep Breathing	9:00 Chair March 10:00 Trail Mix Bar 11:00 True or False 1:00 Karaoke 2:00 Make Sun Catchers 3:00 Poetry Read 6:00 Watch an Old Show 7:00 Brain Games	9:00 Dance and Freeze 10:00 Make Your Own Pizza Bar 11:00 Pizza Trivia 1:00 Nature Walk 2:00 1:1 Check-Ins 3:00 Dance Party 6:00 Scenic Drive 7:00 Sing Along	9:00 Chair Yoga 10:00 Cloud Gazing 11:00 1:1 Check-ins 1:00 Bingo 2:00 Scrapbooking 3:00 Pictionary 6:00 Play Mini Sports 7:00 Guided Meditation
9:00 Mindful Movement 10:00 Spiritual Poems 11:00 Church Mass 1:00 Make Stress Balls 2:00 Working Activities 3:00 Football Trivia 6:00 Superbowl Party	9:00 Leg Lifts 10:00 Pottery 11:00 Mindful Moment 1:00 Paint Pottery Creations 2:00 Hot Cocoa Bar 3:00 Guess Who 6:00 Today in History 7:00 Board Games	9:00 Move and Groove 10:00 Snow Globe Art 11:00 1:1 Check-Ins 1:00 Vitals Party 3:00 Decorate Heart Cookies 6:00 Solve Riddles 7:00 Hungry Hippo	9:00 Valentines Stretch 10:00 Make Valentines 11:00 Photo Shoot 1:00 Decoration Committee 2:00 Valentine's Day Celebration 6:00 Watch a Romantic Comedy	9:00 Jazz and Move 10:00 Therapy Cat 11:00 1:1 Check-Ins 1:00 Treat Raffle 2:30 Scenic Drive 3:30 Sensory Stations 6:00 Salt Dough Décor 7:00 Jeopardy	7:00 Rise N' Shine Café 9:00 Bust-a-Move 10:00 Therapy Dog 11:00 1:1 Check-ins 1:00 Memory Ball Toss 1:30 Carolyn Currie Music 3:30 Coloring Sheets 6:00 Karaoke	9:00 Sittercize 10:00 Kindness Tree 11:00 Poetry Read 1:00 Ice Cream Social 2:00 Scrapbooking 3:00 Working Activity 6:00 Bowling 7:00 60's Trivia
9:00 Dance and Freeze 10:00 Bible Reading 11:00 Church Mass 1:00 1:1 Check-ins 2:00 Slime Time 3:00 Cheese and Wine 6:00 Family Feud 7:00 Meditation	9:00 Strike-A-Pose 10:00 Q-Tip Painting 11:00 Winter Trivia 1:00 Trail Mix Bar 2:00 Plate Weaving 3:00 Memory Ball Toss 6:00 Nature Videos 7:00 Guess the Fruit	9:00 Leg Lifts 10:00 Make Bird Treats 11:00 Finish the Story 1:00 Nature Walk 2:00 Make Fruit Salsa 3:00 1:1 Check-ins 6:00 Bird Watch 7:00 Finish the Story	9:00 Chair Yoga 10:00 Watch Virtual Art Museum Tour 11:00 Ring Toss 1:00 Make Cheese Platters 2:00 Paint N' Sip 3:30 Poetry Read 6:00 Art Display Walk	9:00 Chair March 10:00 Make Yogurt Parfaits 11:00 Guess the Sound 1:00 1:1 Check-Ins 2:00 Mocktail Hour 3:00 Curtis Arnold Memory Show 6:00 Read Aloud	9:00 Nature Walk 10:00 Sensory Stations 11:00 Guided Meditation 1:00 Therapy Dog 2:00 Dollar Store Outing 3:00 Snowball Toss 6:00 Karaoke	9:00 Stretch and Move 10:00 Bingo 11:00 Teatime 1:00 Make Rain Sticks 2:00 Marching Band 3:00 Write Letters 6:00 Dance Party 7:00 I Love Lucy Show
9:00 Jazz and Move 10:00 Spiritual Poems 11:00 Church Mass 1:00 Pastel Art 2:00 Make Cucumber Sandwiches 3:00 Make Paper Airplanes 6:00 Jeopardy	9:00 Dance and Freeze 10:00 Therapy Cat 11:00 1:1 Check-ins 1:00 Fondue and Mocktails 2:30 Salt Dough 3:30 True or False 6:00 Golf 7:00 Animal Documentary	9:00 Facial Stretch 10:00 Twister Bean Bag Toss 11:00 Trivia 1:00 Nature Wind Chimes 2:00 Teatime 3:00 Sensory Stations 6:00 Memory Ball Toss	9:00 Leg Lifts 10:00 Music with Rob Duquette 11:00 Guess the Sound 1:00 Seed Mosaics 2:00 Hot Cocoa Bar 3:00 Hungry Hippo 4:00 Snack & Movie Poll 6:00 Movie Night	9:00 Chair Zumba 10:00 Watercolor Painting 11:00 Out to Lunch 1:00 Breathing Exercise 2:00 Small Group Board Games 3:00 Slime Time 6:00 Color Wheel Match 7:00 Brain Games		

