

| SUNDAY  | MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY   | SATURDAY   |
|---|---|---|--|---|--|--|
|   |   |   |  | 9:30 Exercise<br>11:00 Bingo<br>2:00 Wellness Clinic & Snacks<br>3:00 Warm Cocoa & Conversation<br>7:00 Movie           1                           | 9:30 Exercise<br>11:00 Matching Games<br>2:30 Mike Sinclair- ♪♪<br>3:00 Card Games<br>7:00 Movie           2                             | 9:30 Exercise<br>11:00 Trivia<br>2:00 Card Games<br>3:00 Bowling<br>7:00 Movie           3   |
| 9:30 Exercise<br>11:00 Coffee & News<br>2:00 Puzzles & Cocoa<br>3:00 Crafting Station<br>7:00 Movie           4                                       | 9:30 Exercise<br>11:00 Manicures & Hand Massages<br>2:00 National Bird Day- Bird-Themed Trivia<br>3:00 Bird Coloring<br>7:00 Movie           5                              | 9:30 Exercise<br>11:00 Biby Study<br>2:00 Snowflake Crafts<br>3:00 Ball Toss & Talk<br>7:00 Movie           6   | 9:30 Exercise<br>11:00 Bingo<br>2:00 Snowball Toss<br>3:00 Color by Number<br>7:00 Movie           7                 | 9:30 Exercise<br>11:00 Color by Number<br>2:00 1:1 Winter Skin Relief Day- Hand Massages<br>3:00 Afternoon Refresh<br>7:00 Movie           8        | 9:30 Exercise<br>11:00 Name That Tune<br>2:00 Nature Videos<br>2:00 Ice Cream Social<br>7:00 Movie           9                           | 9:30 Exercise<br>11:00 Hot Cocoa Day & Socialize<br>2:00 Finish the Phrase<br>3:00 Toss & Talk<br>7:00 Movie           10                |
| 9:30 Exercise<br>11:00 Coffee & News<br>2:00 1:1 Walking Club<br>3:00 Coloring Corner<br>7:00 Movie           11                                      | 9:30 Exercise<br>11:00 Coloring Corner<br>2:00 Glitter Snow Jars<br>3:00 1:1 Room Visits<br>7:00 Movie           12   | 9:30 Exercise<br>11:00 Q- Tip Painting<br>2:00 Judy ♪ ♪<br>3:00 Bible Group<br>7:00 Movie           13  | 9:30 Exercise<br>11:00 Pass the Mittens<br>2:00 Coffee & News<br>3:00 Ball Toss & Talk<br>7:00 Movie           14    | 9:30 Exercise<br>11:00 Sorting & Matching<br>2:00 Strawberry Ice Cream Day- Ice Cream Snack<br>3:00 Radio Hour New & Old<br>7:00 Movie           15 | 9:30 Exercise<br>11:00 Basketball<br>2:00 Ballon Volleyball<br>3:00 National Fig Newton Day- Fig Newton Snack<br>7:00 Movie           16 | 9:30 Exercise<br>11:00 1:1 Room Visits<br>2:00 Coloring Corner<br>3:00 Tea & Socialize<br>7:00 Movie           17                        |
| 9:30 Exercise<br>11:00 Coffee & News<br>2:00 Coloring Corner<br>3:00 Winnie the Pooh Day- Winnie the Pooh Coloring & Facts<br>7:00 Movie           18 | 9:30 Exercise<br>11:00 Finish This Phrase<br>2:00 Martin Luther King Jr Day-Kindness & Peace Art<br>3:00 National Popcorn Day- Popcorn for Snack<br>7:00 Movie           19 | 9:30 Exercise<br>11:00 Winter Scent Hand Massages<br>2:00 Coloring Buddies- Art Pictures for Hospitalized Children<br>3:00 1:1 Room Visits<br>7:00 Movie           20 | 9:30 Exercise<br>11:00 Winter Scenery Painting<br>2:00 Afternoon Refresh<br>3:00 Ball Tos<br>7:00 Movie           21 | 9:00 Exercise<br>11:00 1: 1 Manicures<br>12:30 Duane ♪♪<br>3:00 Color by Number<br>7:00 Movie           22  | 9:30 Exercise<br>11:00 Balloon Volleyball<br>2:00 Mike Sinclair ♪♪<br>3:00 Pass the Mittens<br>7:00 Movie           23                   | 9:30 Exercise<br>11:00 Sing A Long<br>2:00 National Peanut Butter Day- Peanut Butter Snacks<br>3:00 Manicures<br>7:00 Movie           24 |
| 9:30 Exercise<br>11:00 Coloring Stations<br>2:00 Bowling<br>3:00 Card Games<br>7:00 Movie           25  | 9:30 Exercise<br>11:00 Wellness Clinic<br>2:00 Chris Heard ♪♪<br>3:00 Ball Toss & Talk<br>7:00 Movie           26   | 9:30 Exercise<br>11:00 1:1 Morning Refresh<br>2:00 Judy ♪♪<br>3:00 Name That Smell<br>7:00 Movie           27   | 9:30 Exercise<br>11:00 Cotton Ball Painting<br>2:00 Make Fake Snow<br>4:00 Toss & Talk<br>7:00 Movie           28    | 9:30 Exercise<br>11:00 Bingo<br>2:00 National Puzzle Day- Puzzles<br>3:00 Old Photos Vs. Modern Photos<br>7:00 Movie           29                   | 9:30 Exercise<br>11:00 Matching Games<br>2:00 Manicures<br>3:00 Card Games<br>7:00 Movie           30                                    | 9:30 Exercise<br>11:00 National Hot Cocoa Day- Hot Cocoa & Snack<br>2:00 Card Games<br>3:00 Bowling<br>7:00 Movie           31           |

