

| SUNDAY   | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   | SATURDAY  |
|--|--|--|--|---|--|---|
| 9:30 Exercise<br>11:00 Trivia<br>2:00 Coloring Corner<br>3:00 Card Games<br>7:00 Movie   | 1 9:30 Exercise<br>11:00 Wellness Clinic<br>2:00 Groundhog Day Refresh<br>3:00 Guessing<br>3:00 Ball Toss & Talk<br>7:00 Movie   | 2 9:30 Exercise<br>11:00 1:1 Morning Refresh<br>2:00 Judy ♪♪<br>3:00 Name That Sound- Nature Sounds<br>7:00 Movie    | 3 9:30 Exercise<br>11:00 Heart Wreaths<br>2:00 Warm Cocoa & Snacks<br>4:00 Toss & Talk<br>7:00 Movie       | 4 9:30 Exercise<br>11:00 Bingo<br>2:00 Wellness Clinic & Snacks<br>3:00 Heart Painting<br>7:00 Movie                                | 5 9:30 Exercise<br>11:00 Reading Circle- Love Poems<br>2:30 Mike Sinclair- ♪♪<br>3:00 National Frozen Yogurt- Frozen Yogurt Treats<br>7:00 Movie | 6 9:30 Exercise<br>11:00 Trivia<br>2:00 Card Games<br>3:00 Bowling<br>7:00 Movie                        |
| 9:30 Exercise<br>11:00 Coffee & News<br>2:00 Puzzles & Cocoa<br>3:00 Crafting Station<br>6:00 Super Bowl & Snack<br>7:00 Movie | 8 9:30 Exercise<br>11:00 Manicures & Hand Massages<br>2:00 Make Valentines Day Cards for Pediatric Patients<br>3:00 National Chocolate Day- Chocolate Treats<br>7:00 Movie | 9 9:30 Exercise<br>11:00 Biby Study<br>2:00 1:1 Room Visits with Music<br>3:00 Ball Toss & Talk<br>7:00 Movie        | 10 9:30 Exercise<br>11:00 Bingo<br>2:00 Color by Number<br>3:00 Finish the Phrase<br>7:00 Movie            | 11 9:30 Exercise<br>11:00 Color by Number<br>2:00 1:1 Winter Skin Relief Day- Hand Massages<br>3:00 Afternoon Refresh<br>7:00 Movie | 12 9:30 Exercise<br>10:00 Hamden Co-Op Art Show<br>2:00 Make Valentines Day Cards<br>2:00 Chair Dancing<br>7:00 Movie                            | 13 9:30 Exercise<br>11:00 Sweetheart Social<br>2:00 Chocolate Tasting<br>3:00 Toss & Talk<br>7:00 Movie |
| 9:30 Exercise<br>11:00 Coffee & News<br>2:00 Susan B. Anthony Day- History & Facts<br>3:00 Coloring Corner<br>7:00 Movie       | 15 9:30 Exercise<br>11:00 Then & Now<br>2:00 Presidents Day Trivia<br>3:00 1:1 Room Visits<br>7:00 Movie   | 16 9:30 Exercise<br>11:00 Bible Group<br>2:00 Judy ♪♪<br>3:00 Mardi Gras Celebration<br>7:00 Movie                   | 17 9:30 Exercise<br>11:00 Hot Ball Toss<br>2:00 Coffee & News<br>3:00 Crafting Station<br>7:00 Movie       | 18 9:30 Exercise<br>11:00 Sorting & Matching Heart Shapes<br>2:00 Chair Stretching<br>3:00 Love Song Sing Alongs<br>7:00 Movie      | 19 9:30 Exercise<br>11:00 Skin Relief Station- Hand Massages<br>2:00 Ballon Volleyball<br>3:00 Memory Match<br>7:00 Movie                        | 20 9:30 Exercise<br>11:00 1:1 Room Visits<br>2:00 Coloring Corner<br>3:00 Tea & Socialize<br>7:00 Movie |
| 9:30 Exercise<br>11:00 Coffee & News<br>2:00 Coloring Corner<br>3:00 Walking Club<br>7:00 Movie                                | 22 9:30 Exercise<br>11:00 Finish This Phrase<br>2:00 Chris Heard ♪<br>3:00 Finish the Phrase<br>7:00 Movie   | 23 9:30 Exercise<br>11:00 Walking Club<br>2:00 National Spa Day- Spa Treatment<br>3:00 1:1 Room Visits<br>7:00 Movie | 24 9:30 Exercise<br>11:00 Winter Scenery Painting<br>2:00 Afternoon Refresh<br>3:00 Ball Tos<br>7:00 Movie | 25 9:00 Exercise<br>11:00 1: 1 Manicures<br>12:30 Duane ♪♪<br>3:00 Color by Number<br>7:00 Movie                                    | 26 9:30 Exercise<br>11:00 National Strawberry Day- Strawberry Treats<br>2:00 Mike Sinclair ♪♪<br>3:00 Balloon Volleyball<br>7:00 Movie           | 27 9:30 Exercise<br>11:00 Sing Along<br>2:00 Hot Cocoa & Socialize<br>3:00 Manicures<br>7:00 Movie      |
|  |  |  |  |   |  | 28  |

