

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30 Exercise 11:00 Trivia 2:00 Coloring Corner 3:00 Card Games 7:00 Movie 1	9:30 Exercise 11:00 Wellness Clinic 2:00 Groundhog Day Guessing 3:00 Ball Toss & Talk 7:00 Movie 2	9:30 Exercise 11:00 1:1 Morning Refresh 2:00 Judy ♪♪ 3:00 Name That Sound- Nature Sounds 7:00 Movie 3	9:30 Exercise 11:00 Heart Wreaths 2:00 Warm Cocoa & Snacks 4:00 Toss & Talk 7:00 Movie 4	9:30 Exercise 11:00 Bingo 2:00 Wellness Clinic & Snacks 3:00 Heart Painting 7:00 Movie 5	9:30 Exercise 11:00 Reading Circle- Love Poems 2:30 Mike Sinclair- ♪♪ 3:00 National Frozen Yogurt- Frozen Yogurt Treats 7:00 Movie 6	9:30 Exercise 11:00 Trivia 2:00 Card Games 3:00 Bowling 7:00 Movie 7
9:30 Exercise 11:00 Coffee & News 2:00 Puzzles & Cocoa 3:00 Crafting Station 6:00 Super Bowl & Snack 7:00 Movie 8	9:30 Exercise 11:00 Manicures & Hand Massages 2:00 Make Valentines Day Cards for Pediatric Patients 3:00 National Chocolate Day- Chocolate Treats 7:00 Movie 9	9:30 Exercise 11:00 Biby Study 2:00 1:1 Room Visits with Music 3:00 Ball Toss & Talk 7:00 Movie 10	9:30 Exercise 11:00 Bingo 2:00 Color by Number 3:00 Finish the Phrase 7:00 Movie 11	9:30 Exercise 11:00 Color by Number 2:00 1:1 Winter Skin Relief Day- Hand Massages 3:00 Afternoon Refresh 7:00 Movie 12	9:30 Exercise 10:00 Hamden Co-Op Art Show 2:00 Make Valentines Day Cards 2:00 Chair Dancing 7:00 Movie 13	9:30 Exercise 11:00 Sweetheart Social 2:00 Chocolate Tasting 3:00 Toss & Talk 7:00 Movie 14 Valentine's Day
9:30 Exercise 11:00 Coffee & News 2:00 Susan B. Anthony Day- History & Facts 3:00 Coloring Corner 7:00 Movie 15	9:30 Exercise 11:00 Then & Now 2:00 Presidents Day Trivia 3:00 1:1 Room Visits 7:00 Movie 16	9:30 Exercise 11:00 Bible Group 2:00 Judy ♪ ♪ 3:00 Mardi Gras Celebration 7:00 Movie 17	9:30 Exercise 11:00 Hot Ball Toss 2:00 Coffee & News 3:00 Crafting Station 7:00 Movie 18	9:30 Exercise 11:00 Sorting & Matching Heart Shapes 2:00 Chair Stretching 3:00 Love Song Sing Alongs 7:00 Movie 19	9:30 Exercise 11:00 Skin Relief Station- Hand Massages 2:00 Ballon Volleyball 3:00 Memory Match 7:00 Movie 20	9:30 Exercise 11:00 1:1 Room Visits 2:00 Coloring Corner 3:00 Tea & Socialize 7:00 Movie 21
9:30 Exercise 11:00 Coffee & News 2:00 Coloring Corner 3:00 Walking Club 7:00 Movie 22	9:30 Exercise 11:00 Finish This Phrase 2:00 Chris Heard ♪ 3:00 Finish the Phrase 7:00 Movie 23	9:30 Exercise 11:00 Walking Club 2:00 National Spa Day- Spa Treatment 3:00 1:1 Room Visits 7:00 Movie 24	9:30 Exercise 11:00 Winter Scenery Painting 2:00 Afternoon Refresh 3:00 Ball Tos 7:00 Movie 25	9:00 Exercise 11:00 1: 1 Manicures 12:30 Duane ♪♪ 3:00 Color by Number 7:00 Movie 26	9:30 Exercise 11:00 National Strawberry Day- Strawberry Treats 2:00 Mike Sinclair ♪♪ 3:00 Balloon Volleyball 7:00 Movie 27	9:30 Exercise 11:00 Sing Along 2:00 Hot Cocoa & Socialize 3:00 Manicures 7:00 Movie 28

