

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			9:30 Exercise 1 11:00 Crossword Puzzles 2:00 Nat'l Candy Decorating Day-Candy Decorating Treats 4:00 Frisbee 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 2 11:00 1:1 Manicures & Massages 2:00 Groundhog Day Activity 4:00 Wellness Clinic- Part 1 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 3 11:00 Nat'l Wear Red Day- Photo Booth 2:00 1:1 Room Visits 4:00 Cranium Crunches 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 4 11:00 Craft Station 2:00 Chris Heard ♪ 4:00 This or That? 7:00 Movie 7:30 Traveling Snack Bar
9:30 Exercise 5 11:00 Coffee & News 2:00 Crafting Station 4:00 Afternoon Refresh 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 6 11:00 Church Services on TV 2:00 Nat'l Pay a Compliment Day- Compliment Activity 4:00 Skin Relief Station- Massages 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 7 11:00 Coloring Stations 2:00 Wellness Clinic- Part 2 4:00 Nat'l Send a Card to a Friend- Card Making 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 8 11:00 Axe Throwing 2:00 Gary Knowles - Music ♪♪ 4:00 Valentines Crafts 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 9 11:00 Ball Toss 2:00 Nat'l Pizza Day- Pizza Treats 4:00 Make Valentine's Day Cards 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 10 11:00 1:1 Morning Refresh 2:00 Nat'l Cribbage Day- Cribbage Matches 4:00 Crafters Station 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 11 11:00 Craft Station 2:00 Velvet Art 4:00 1:1 Walking Club 7:00 Movie 7:30 Traveling Snack Bar
9:30 Exercise 12 11:00 Coffee & News 2:00 Puzzles 4:00 1:1 Room Visits 5:30 Super Bowl Snacks 6:00 Super Bowl 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 13 11:00 Church Services On TV 2:00 1:1 Visits with Mariah 4:00 Set the Tables 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 14 11:00 Valentine's Day Cards & Treats 2:00 Harp with Judy ♪ ♪ 4:00 Painting & Crafts 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 15 11:00 Coffee & News 2:00 Nat'l Susan B. Anthony Day- Trivia/ Facts 4:00 Card Games 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 16 11:00 Social Hour & Snacks 2:00 Make Your Own Door Tags 4:00 Puzzles 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 17 11:00 Color Your Stress Away 2:00 Walking Club 4:00 1:1 Afternoon Refresh 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 18 11:00 Tea & Socialize 2:00 Movie Matinee & Popcorn 4:00 Crafting Station 7:00 Movie 7:30 Traveling Snack Bar
9:30 Exercise 19 11:00 Ball Toss 2:00 Color Your Stress Away 4:00 Social Hour & Tea 7:00 Movie - I Love Lucy 7:30 Traveling Snack Bar	9:30 Exercise 20 11:00 Q-Tip Heart Painting 2:00 Make Your Own Moon Dough 4:00 Presidents Day- Trivia 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 21 11:00 Crafting Stations 2:00 This or That? 4:00 Make Your Own Door Sign 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 22 11:00 Ball Toss with Cindy 2:00 Gary Knowles - Music ♪♪ 4:00 Nat'l Margarita Day- Margaritas 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 23 11:00 Heart Paintings 2:00 Tea & Cookies 4:00 Coloring Stations 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 24 11:00 Trivia Challenge 2:00 1:1 Afternoon Refresh 4:00 Sing A Long Hymns 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 25 11:00 Coffee & News 2:00 Crafters Choice 4:00 Walking Club 7:00 Movie 7:30 Traveling Snack Bar
9:30 Exercise 26 11:00 Manicures & Hand Massages 2:00 Fold Laundry 4:00 Walkig Club 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 27 11:00 Popsicle Stick Crafts 2:00 Ball Toss 4:00 Puzzles 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 28 11:00 Movie & Popcorn 2:00 Harp with Judy ♪♪ 4:00 Tea & Socializing 7:00 Movie 7:30 Traveling Snack Bar				

