

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		9:30 Exercise 1 11:00 Wellness Clinic Part 1 2:00 Leaf Sponge Painting 4:00 Wellness Clinic- Part 2 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 2 11:00 Trivia Challenge 2:00 1:1 Afternoon Refresh 4:00 Sing A Long- Hymns 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 3 11:00 Manicures & Hand Massages 2:00 Fold Laundry 4:00 Nat'l Deviled Egg Day- Deviled Eggs 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 4 11:00 Nat'l Sandwich Day- Mini Sandwiches 2:00 Wellness Clinic- Part 3 4:00 Turkey Painting 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 5 11:00 Movie & Popcorn 2:00 Reading Corner 4:00 Tea & Socializing 7:00 Movie 7:30 Traveling Snack Bar
9:30 Exercise 6 11:00 Coffee & News 2:00 Rock Painting 4:00 Afternoon Refresh 7:00 Movie 7:30 Traveling Snack Bar National Day Light Savings Time Ends	9:30 Exercise 7 11:00 Church Services on TV 2:00 1:1 Manicures 4:00 Color the World Orange - Photo Booth 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 8 11:00 Coloring Stations 2:00 Harp with Judy ♪♪ 4:00 Sunflower Painting 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 9 11:00 Name That Smell 2:00 Gary Knowles - Music ♪♪ 4:00 Scarecrow Crafts 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 10 11:00 Fall Foliage Painting 2:00 Cooks Corner- Smell Those Cookies 4:00 Crafters Station 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 11 11:00 1:1 Morning Refresh 2:00 Make Your Own Creations- Moon Dough 4:00 Veterans Day Trivia 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 12 11:00 Craft Station 2:00 Board Games 4:00 1:1 Walking Club Outside 7:00 Movie 7:30 Traveling Snack Bar
9:30 Exercise 13 11:00 Walking Club Outside 2:00 Cranium Crunches 4:00 Trivia 7:00 Movie Matinee 7:30 Traveling Snack Bar	9:30 Exercise 14 11:00 Reading Club In the Piano Room 2:00 Church Services on TV 4:00 1:1 Afternoon Refresh 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 15 11:00 Morning Refresh 2:00 Musical Walkers 4:00 One on One Walks with Dina 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 16 11:00 Crossword Puzzles 2:00 Frisbee with Waqzhma 4:00 Turkey Creations Crafting 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 17 11:00 1:1 Manicures & Massages 2:00 Color & Shape Matching Game 4:00 Axe Throwing 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 18 11:00 Nat'l Apple Cider Day- Apple Cider & Snacks 2:00 1:1 Room Visits 4:00 Social Hour with Katy 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 19 11:00 Craft Station 2:00 Reading Corner 4:00 Walking Club Around the Loop 7:00 Movie 7:30 Traveling Snack Bar
9:30 Exercise 20 11:00 Coffee & News 2:00 Tea & Cookies 4:00 Nat'l Game & Puzzle Day- Games & Puzzles 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 21 11:00 Church Services On TV 2:00 1:1 Visits with Kelsie 4:00 Social Hour with Tina 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 22 11:00 Leaf Painting & Crafts 2:00 Harp With Judy ♪ ♪ 4:00 This or That? 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 23 11:00 Coffee & News 2:00 Gary Knowles- Music ♪ ♪ 4:00 Tissue Paper Leaves 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 24 11:00 Apple Cider & Snacks 12:00 Thanksgiving Dinner 2:00 What Are You Thankful For? 4:00 Puzzles 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 25 11:00 Color Your Stress Away 2:00 Q- Tip Sunflower Painting 4:00 1:1 Afternoon Refresh 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 26 11:00 Tea & Socialize 2:00 Color Your Stress Away 4:00 Fold Laundry 7:00 Movie 7:30 Traveling Snack Bar
9:30 Exercise 27 11:00 Axe Throwing 2:00 Crafters Station 4:00 Social Hour & Tea 7:00 Movie - I Love Lucy 7:30 Traveling Snack Bar	9:30 Exercise 28 11:00 Pumpkin Painting 2:00 Make Your Own Fall Wreath 4:00 Home Alone- Movie 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 29 11:00 Crafting Stations 2:00 Paint Rocks- Bangor Rocks 4:00 Pan Pals- Fairmount 7:00 Movie 7:30 Traveling Snack Bar	9:30 Exercise 30 11:00 Ball Toss with Cindy 2:00 Fold Laundry 4:00 Q-Tip Tree Painting 7:00 Movie 7:30 Traveling Snack Bar			

