

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 9:30 Exercise 11:00 Snowman Painting 2:00 Pen Pals with Downeast Elementary 4:00 Hand Massages 6:00 Exercise 7:00 Movie 7:30 Traveling Snack Bar	2 9:30 Exercise 11:00 Coloring Corner 2:00 Bingo 4:00 Basketball 6:00 Exercise 7:00 Movie 7:30 Traveling Snack Bar	3 9:30 Exercise 11:00 Paint & Sip 2:00 Puzzles 4:00 Walking Club 6:00 Exercise 7:00 Movie 7:30 Traveling Snack Bar	4 9:30 Exercise 11:00 Cooks Corner-Cookies 2:00 Wellness Clinic 4:00 Afternoon Refresh 6:00 Exercise 7:00 Movie 7:30 Traveling Snack Bar	5 9:30 Exercise 11:00 Crafters Choice 2:00 Movie Mania 4:00 Arts & Crafts 6:00 Exercise 7:00 Movie 7:30 Traveling Snack Bar
6 9:00 Exercise 11:00 Coffee & News 2:00 Movie & Snacks 4:00 Painting Corner 6:00 Exercise 7:00 Movie 7:30 Traveling Snack Bar	7 9:00 Exercise 11:00 Church Services on TV 2:00 Snowflake Craft 4:00 Write a Letter 6:00 Exercise 7:00 Movie 7:30 Traveling	8 9:30 Exercise 11:00 Winter Wonderland Painting 2:00 Cooks Corner-Brownies 4:00 Bingo with Tanya 6:00 Exercise 7:00 Movie	9 9:30 Exercise 11:00 Coloring Corner 2:00 One on One Room Visits 4:00 Bowling 6:00 Exercise 7:00 Movie 7:30 Traveling Snack Bar	10 9:30 Exercise 11:00 Fold Laundry 2:00 Walking Club 4:00 Puzzles with Crystal 6:00 Exercise 7:00 Movie 7:30 Traveling Snack Bar	11 9:30 Exercise 11:00 Manicures 2:00 Fold Laundry 4:00 Snow Globe Craft 6:00 Exercise 7:00 Movie 7:30 Traveling Snack Bar	12 9:30 Exercise 11:00 Tea & Socializing 2:00 Bowling 4:00 Movie Matinee 6:00 Exercise 7:00 Movie 7:30 Traveling Snack Bar
13 9:00 Exercise 11:00 Coffee & News 2:00 Movie & Snacks 4:00 Ice Cream Social 6:00 Exercise 7:00 Movie 7:30 Traveling Snack Bar	14 9:30 Exercise 11:00 Church Services on TV 2:00 Name That Sound 4:00 One on One Room Visits 6:00 Exercise 7:00 Movie	15 9:30 Exercise 11:00 Arts & Crafts 2:00 Cooks Corner-Cooks Choice 4:00 Afternoon Refresh 6:00 Exercise 7:00 Movie	16 9:30 Exercise 11:00 This or That? 2:00 Hand Soaks 4:00 Santa Craft 6:00 Exercise 7:00 Movie 7:30 Traveling Snack Bar	17 9:30 Exercise 11:00 Painting Corner 2:00 Reading Corner 4:00 Name That Sound 6:00 Exercise 7:00 Movie 7:30 Traveling Snack Bar	18 9:30 Exercise 11:00 Hand Massages 2:00 Make a Wreath 4:00 Winter Crosswords 6:00 Exercise 7:00 Movie & Popcorn 7:30 Traveling Snack Bar	19 9:30 Exercise 11:00 Card Games 2:00 Movie Mania 4:00 One on One Room Visits 6:00 Exercise 7:00 Movie 7:30 Traveling Snack Bar
20 9:30 Exercise 11:00 Coffee & News 2:00 Movie Matinee 4:00 Bingo 6:00 Exercise 7:00 Movie 7:30 Traveling Snack Bar	21 9:30 Exercise 11:00 Church Service on TV with Michele 2:00 Hand Soaks 4:00 Christmas Crossword 6:00 Exercise 7:00 Movie	22 9:30 Exercise 11:00 This or That? 2:00 Cooks Corner 4:00 Toilet Paper Roll Snowman 6:00 Exercise 7:00 Movie	23 9:30 Exercise 11:00 Snow Globe Painting 2:00 Afternoon Refresh 4:00 This or That? 6:00 Exercise with Tanya 7:00 Movie 7:30 Traveling Snack Bar	24 9:30 Exercise 11:00 One on One Room Visits 4:00 Egg Nog & Treats 6:00 Exercise 7:00 Christmas Movie 7:30 Traveling Snack Bar	25 9:30 Exercise 12:00 Christmas Dinner 2:00 Warm Cookies & Milk 4:00 Christmas Movie 6:00 Exercise 7:00 Movie 7:30 Traveling Snack Bar	26 9:30 Exercise 11:00 Coffee & News 2:00 Sing-A Long 4:00 Fold Laundry 6:00 Exercise 7:00 Movie 7:30 Traveling Snack Bar
27 9:30 Exercise 11:00 Walking Club 2:00 Reading Corner 4:00 Hand Soaks & Massage with Crystal 6:00 Exercise 7:00 Movie 7:30 Traveling Snack Bar	28 9:30 Exercise 11:00 Hymns Sing A Long 2:00 Decorate Cupcakes 4:00 Arts & Crafts 6:00 Exercise 7:00 Movie 7:30 Traveling Snack Bar	29 9:30 Exercise 11:00 Velvet Art 2:00 Basketball 4:00 One on One Room Visits 6:00 Exercise 7:00 Movie 7:30 Traveling Snack Bar	30 9:30 Exercise 11:00 Ring Toss 2:00 Bingo 4:00 Card Games 6:00 Exercise 7:00 Movie 7:30 Traveling Snack Bar	31 9:30 Exercise 11:00 Hand Massages 2:00 Sparkling Cider & Treats 6:00 Resolutions 7:00 Movie 8:30 Ball Drop Programming		

