

| SUNDAY  | MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY   | SATURDAY  |
|---|--|---|---|--|--|---|
|   |  |   | <p>9:30am Exercise<br/>11:00am Fold Laundry<br/>2:00pm Crafters Station<br/>4:00pm Water Color Painting<br/>6:00pm Exercise<br/>7:00pm Movie</p>    | <p>9:30am Exercise<br/>11:00am Walker Cleaning<br/>12:45p Julie M. 🎵<br/>2:00pm Snowman Painting<br/>4:00pm Puzzles<br/>6:00pm Exercise</p>          | <p>9:30am Zumba<br/>11:00am Wellness Clinic<br/>2:00pm Manicures &amp; Hand Massages<br/>4:00pm Arts &amp; Crafts<br/>6:00pm Exercise<br/>7:00pm Movie</p>           | <p>9:30am Exercise<br/>11:00am Sing A Long<br/>2:00pm Movie Mania<br/>4:00pm Toss &amp; Talk<br/>6:00pm Exercise<br/>7:00pm Movie</p>   |
| <p>9:00am Exercise<br/>11:00am Coffee &amp; News<br/>2:00pm Movie &amp; Snacks<br/>4:00pm Set Up for dinner<br/>6:00pm Exercise<br/>7:00pm Movie</p>    | <p>9:30am Exercise<br/>10:00am Catholic Service<br/>10:30a Fred &amp; Deb 🎵<br/>2:00pm Bakers Corner<br/>4:00pm Fold Laundry<br/>6:00pm Exercise<br/>7:00pm Movie</p>                          | <p>9:30am Zumba<br/>11:00am Exercise<br/>2:00p Harp 🎵<br/>4:00p Walker Cleaning<br/>6:00pm Exercise<br/>7:00pm Movie</p>                    | <p>9:30am Exercise<br/>11:00am Move &amp; Groove<br/>2:00pm Griffiths 🎵<br/>4:00pm Group Walk<br/>6:00pm Exercise<br/>7:00pm Movie</p>              | <p>9:30am Exercise<br/>11:00am Toss &amp; Talk<br/>2:00pm Fold Laundry<br/>4:00pm Coffee Filter Craft<br/>6:00pm Exercise<br/>7:00pm Movie</p>       | <p>9:30am Exercise<br/>11:00am Bingo<br/>2:00p Scenic Drive<br/>4:00pm Hand Massages<br/>6:00pm Exercise<br/>7:00pm Movie</p>  | <p>9:30am Exercise<br/>11:00am Crafty Corner<br/>2:00pm Movie Matinee<br/>4:00pm Group Walk<br/>6:00pm Exercise<br/>7:00pm Movie</p>    |
| <p>9:00am Exercise<br/>11:00am AM News<br/>2:00p Movie/Snack<br/>4:00pm Manicures<br/>6:00pm Exercise<br/>7:00pm Movie</p>                              | <p>9:30am Exercise<br/>10:00am Catholic Service<br/>11:00am Snowflake Painting<br/>2:00pm Social Hour &amp; Snacks<br/>4:00pm Crafty Corner<br/>6:00pm Exercise</p>                            | <p>9:30am Zumba<br/>11:00am Exercise<br/>2:00pm Penguin Painting<br/>4:00pm Color your stress away<br/>6:00pm Exercise<br/>7:00pm Movie</p> | <p>9:30am Exercise<br/>11:00a Duane Nickerson 🎵<br/>2:00pm Strawberry Ice Cream for snack<br/>4:00pm Bingo<br/>6:00pm Exercise<br/>7:00pm Movie</p> | <p>9:30am Exercise<br/>11:00am Bakers Corner<br/>2:00pm Parachute<br/>4:00pm Help set the tables for dinner<br/>6:00pm Exercise<br/>7:00pm Movie</p> | <p>9:30am Exercise<br/>11:00am Movie &amp; Popcorn<br/>2:00pm Bingo<br/>4:00pm Popsicle Stick Craft<br/>6:00 pm Exercise<br/>7:00pm Movie</p>                        | <p>9:30am Exercise<br/>11:00am Sing A Long<br/>2:00pm Group Stretching<br/>4:00pm Fold Laundry<br/>6:00pm Exercise<br/>7:00pm Movie</p> |
| <p>9:30am Exercise<br/>11:00am Coffee &amp; News<br/>2:00pm Movie Matinee<br/>4:00pm Hand Massages &amp; Soaks<br/>6:00pm Exercise<br/>7:00pm Movie</p> | <p>9:30am Exercise<br/>10:00am Catholic Service<br/>11:00am Martin Luther King Jr.- History &amp; Facts<br/>2:00pm Puzzles<br/>4:00pm Wellness Clinic<br/>6:00pm Exercise<br/>7:00pm Movie</p> | <p>9:30am Zumba<br/>11:00am Exercise<br/>2:00pm Harp 🎵<br/>4:00pm Popsicle Stick Craft<br/>6:00pm Exercise<br/>7:00pm Movie</p>             | <p>9:30am Exercise<br/>11:00am Crafty Corner<br/>2:00pm Griffiths 🎵<br/>4:00pm Coffee Filter Craft<br/>6:00pm Exercise<br/>7:00pm Movie</p>         | <p>9:30am Exercise<br/>11:00am Giant Bowling<br/>12:00pm Ring Toss<br/>4:00pm Movie<br/>6:00pm Exercise<br/>7:00pm Movie</p>                         | <p>9:30am Exercise<br/>11:00am Card games<br/>2:00pm Lets go for a ride<br/>4:00pm Manicures<br/>6:00 pm Exercise<br/>7:00pm Movie</p>                               | <p>9:30am Exercise<br/>11:00am Indoor Walking<br/>2:00pm Crafters Station<br/>4:00pm Bingo<br/>6:00pm Exercise<br/>7:00pm Movie</p>     |
| <p>9:30am Exercise<br/>11:00am Indoor Walking<br/>2:00pm Bingo<br/>4:00pm Help set up for dinner<br/>6:00pm Exercise<br/>7:00pm Movie</p>               | <p>9:30am Exercise<br/>10:00am Catholic Service<br/>11:00am Bakers Corner<br/>2:00pm Color your stress away<br/>4:00pm Puzzles<br/>6:00pm Exercise</p>   | <p>9:30am Zumba<br/>11:00am Exercise<br/>2:00pm Bingo<br/>4:00pm Group Walk<br/>6:00pm Exercise<br/>7:00pm Movie</p>                        | <p>9:30am Exercise<br/>11:00am Puzzles<br/>2:00pm Sing A Long<br/>4:00pm Crafters Station<br/>6:00pm Exercise<br/>7:00pm Movie</p>                  | <p>9:30am Exercise<br/>11:00am Stretching<br/>2:00pm Fold Laundry<br/>4:00pm Puzzles<br/>6:00pm Exercise<br/>7:00pm Movie</p>                        | <p>9:30am Exercise<br/>11:00am Coffee Filter Craft<br/>2:00pm Scenic Drive &amp; Snack<br/>4:00pm Nat'l Hot Cocoa Day- Hot Cocoa &amp; Snack<br/>6:00pm Exercise</p> |   |

