

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					9:30am Exercise 11:00am Ring Toss 2:00pm Fall Foliage tour 4:00pm Manicures 6:00 pm Exercise 7:00pm Movie	9:30am Exercise 11:00am Indoor Walking 2:00pm Bingo 4:00pm Help set up for dinner 6:00pm Exercise 7:00pm Movie
9:30am Exercise 11:00am Walking Club 2:00pm Movie Matinee 4:00pm Puzzles 6:00pm Exercise 7:00pm Movie Day Light Savings Day!	9:30am Exercise 10:00am Catholic Service 10:15am Fred & Deb ♪♪ 11:00am Cooks Corner- Cooks Choice 2:00pm Coffe Filter Craft 4:00pm Puzzles 6:00pm Exercise	9:30am Zumba 11:00am Corn on the cob activity 2:00pm Wellness Clinic 4:00pm Help set up for dinner 6:00pm Exercise 7:00pm Movie	9:30am Exercise 11:00am Nat'l Nacho Day- Nachos for snack 2:00pm Singt A Long 4:00pm Trivia 6:00pm Exercise 7:00pm Movie	9:30am Exercise 11:00am Fold Laundry 12:45p Julie M. ♪♪ 2:00pm Crafters Station 4:00pm Puzzles 6:00pm Exercise 7:00pm Movie	9:30am Exercise 11:00am Turkey Craft 2:00pm Scenic Drive- Leaf Peeping 4:00pm Arts & Crafts 6:00pm Exercise 7:00pm Movie	9:30am Exercise 11:00am Q-tip Craft 2:00pm Movie Mania 4:00pm Hand Soaks 6:00pm Exercise 7:00pm Movie
9:00am Exercise 11:00am Coffee & News 2:00pm Movie & Snacks 4:00pm Crafters Station 6:00pm Exercise 7:00pm Movie	9:30am Exercise 10:00am Catholic Service 11:00am Veterans Day activity 2:00pm Bowling 4:00pm Toss & Talk 6:00pm Exercise 7:00pm Movie	9:30am Zumba 11:00am Exercise 2:00p Make a name sign for your room 4:00p Maincures & Hand Massages 6:00pm Exercise 7:00pm Movie	9:30am Exercise 11:00am Fall Craft 2:00pm Griffiths ♪♪ 4:00pm Bean Bag Toss 6:00pm Exercise 7:00pm Movie	9:30am Exercise 11:00am Toss & Talk 2:00pm This or That? 4:00pm Walker Cleaning Station 6:00pm Exercise 7:00pm Movie	9:30am Exercise 11:00am Make your own slime 2:00p Giant Bowling 4:00pm Parachute 6:00pm Exercise 7:00pm Movie	9:30am Exercise 11:00am Crosswords 2:00pm Movie Matinee 4:00pm Hand Massages 6:00pm Exercise 7:00pm Movie
9:00am Exercise 11:00am AM News 2:00p Movie/Snack 4:00pm Manicures 6:00pm Exercise 7:00pm Movie	9:30am Exercise 10:00am Catholic Service 11:00am Velcro ball toss 2:00pm Thanksgiving Craft 4:00pm Hand Soaks 6:00pm Exercise 7:00pm Movie	9:30am Zumba 11:00am Exercise 2:00pm Fold Laundry 4:00pm Toss & Talk 6:00pm Exercise 7:00pm Movie	9:30am Exercise 11:00am Duane ♪♪ 2:00pm Coffee Filter Craft 4:00pm Bingo 6:00pm Exercise 7:00pm Movie	9:30am Exercise 11:00am Q-Tip Craft 1:00p-4:00p Feztival of Trees 4:00pm Walk in the courtyard 6:00pm Exercise 7:00pm Movie	9:30am Exercise 11:00am Cooks Corner- Cooks Choice 2:00pm Leaf Craft 4:00pm Wellness Clinic 6:00 pm Exercise 7:00pm Movie	9:30am Exercise 11:00am Sing A Long 2:00pm Fold Laundry 4:00pm Crafters Choice 6:00pm Exercise 7:00pm Movie
9:30am Exercise 11:00am Coffee & News 2:00pm Movie Matinee 4:00pm Hand Massages & Soaks 6:00pm Exercise 7:00pm Movie	9:30am Exercise 10:00am Catholic Service 11:00am Fall Craft 2:00pm Puzzles 4:00pm Wellness Clinic 6:00pm Exercise 7:00pm Movie	9:30am Zumba 11:00am Cooks Corner- Thanksgiving Pies for donation 2:00pm Walker cleaning station 4:00pm Trivia 6:00pm Exercise	9:30am Exercise 11:00am Make Centerpieces 2:00pm Griffiths ♪♪ 2:00pm Deliver Pie to the Homeless Shelter 4:00pm Toss & Talk 6:00pm Exercise	9:30am Exercise 11:00am Macy Day Parade 12:00pm Thanksgiving Day Lunch 4:00pm Movie 6:00pm Exercise 7:00pm Movie	9:30am Exercise 11:00am Card games 2:00pm Parchaute 4:00pm Manicures 6:00 pm Exercise 7:00pm Movie	9:30am Exercise 11:00am Indoor Walking 2:00pm Color your stress away 4:00pm Bingo 6:00pm Exercise 7:00pm Movie

