| SUNDAY   | MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY  | SATURDAY  |
|--|--|--|---|---|---|---|
|  |  |  |   |   | 9:30 Exercise 1<br>11:00 1:1 Room Visits<br>2:00 Wellness Clinic<br>4:00 Crafting Station<br>7:00 Movie                     | 9:30 Exercise 2<br>11:00 Coloring Corner<br>2:00 Chris Heard 10<br>4:00 Fold Laundry<br>7:00 Movie  |
| 9:30 Exercise<br>11:00 Game Stations<br>2:00 What's That Sound?<br>7:00 Movie  | 4<br>9:30 Exercise<br>11:00 Bible Group w/Coloring<br>2:00 Nat 'l Cookie Day-<br>Cookies & Milk<br>4:00 Sing-along Hymns<br>7:00 Movie | 9:30 Exercise 5<br>11:00 Holiday Crafts<br>2:00 Harp Player<br>4:00 Spa and Manicures<br>7:00 Movie                    | 9:30 Exercise<br>11:00 Walking Club<br>2:00 Snowflake Crafts<br>7:00 Movie  | 7<br>9:30 Exercise<br>11:00 Balloon Volleyball<br>2:00 Nat 'I Slime Day- Make<br>Your Own Slime<br>4:00 Puzzles<br>7:00 Movie | 9:30 Exercise<br>11:00 Crafting Stations<br>2:30 Mike Sinclair ♪♪<br>4:00 Name That Tune<br>7:00 Movie                      | 9:30 Exercise<br>11:00 Social Hour<br>2:00 What's That Smell?<br>4:00 1:1 Room Visits<br>7:00 Movie |
| 9:30 Exercise<br>11:00 1:1 Room Visits<br>2:00 Coloring Corner<br>4:00 Snowman Crafts<br>7:00 Movie                      | 9:30 Exercise 11<br>11:00 Bible Group/Puzzles<br>2:00 Decorate Christmas Tree<br>4:00 Manicures & Massages<br>7:00 Movie               | 9:30 Exercise 12<br>11:00 Make Gingerbread<br>Houses<br>2:00 Ball Toss w/ Music<br>4:00 I Love Lucy Show<br>7:00 Movie | 9:30 Exercise 13<br>11:00 Nat 'l Hot Cocoa Day-<br>Hot Cocoa & Snacks<br>2:00 Velvet Art<br>4:00 Card Games<br>7:00 Movie | 9:30 Exercise<br>11:00 Stained Glass<br>2:00 Walking Club<br>4:00 Trivia Time<br>7:00 Movie                                   | 9:30 Exercise 15<br>11:00 Word Puzzles<br>2:00 Manicures<br>4:00 Afternoon Refresh<br>7:00 Movie                            | 9:30 Exercise 16<br>11:00 This or That<br>2:00 Dice Games<br>4:00 Uno Card Game<br>7:00 Movie       |
| 9:30 Exercise 17<br>11:00 Bible Group/Puzzles<br>2:00 Coloring Corner<br>4:00 Walking Club<br>7:00 Movie                 | 9:30 Exercise 18<br>11:00 Bible Group w/<br>Coloring<br>2:00 Card Games<br>4:00 Crafters Station<br>7:00 Movie                         | 9:30 Exercise 19<br>11:00 Christmas Tree<br>Painting<br>2:00 Harp Player<br>4:00 Stain Glass Activity<br>7:00 Movie    | 9:30 Exercise 20<br>11:00 Coffee & News<br>2:00 Movie Matinee<br>4:00 1:1 Room Visits<br>7:00 Movie                       | 9:30 Exercise 21<br>11:00 Christmas Ornaments<br>12:30 Duane Nickerson M<br>4:00 Afternoon Refresh<br>7:00 Movie              | 9:30 Exercise 22<br>11:00 Walking Club<br>2:00 Book Club<br>4:00 BINGO<br>6:45 Troop 17 Christmas<br>Caroling<br>7:00 Movie | 9:30 Exercise 23<br>11:00 Trivia Time<br>2:00 Dance Party<br>4:00 1:1's in Rooms<br>7:00 Movie      |
| 9:30 Exercise 24<br>11:00 Hand Massages<br>2:00 Holiday Movie &<br>Popcorn<br>3:00 Christmas Tree Painting<br>7:00 Movie | 9:30 Exercise 25<br>11:00 Sock Snowmen<br>1:00 Christmas Movie<br>2:00 Hot Cocoa & Snacks<br>4:00 Bible Study<br>7:00 Movie            | 9:30 Exercise 26<br>11:00 Toss & Talk<br>2:00 Bowling<br>4:00 Card Games<br>7:00 Movie                                 | 9:30 Exercise 27<br>11:00 Reing Toss<br>2:30 Social Hour & Snacks<br>4:00 1:1 Afternoon Refresh<br>7:00 Movie             | 9:30 Exercise 28<br>11:00 Sing A Long<br>2:00 Ball Toss with Music<br>4:00 Tic Tac Toe<br>7:00 Movie                          | 9:30 Exercise 29<br>11:00 Craft Corner<br>2:00 Toss & Talk<br>4:00 This or That?<br>7:00 Movie                              | 9:30 Exercise 30<br>11:00 Coloring Corner<br>2:00 Game Stations<br>4:00 Fold Laundry<br>7:00 Movie  |
| 9:30 Exercise<br>11:00 Yahtzee<br>1:00 New Years Resolution<br>3:00 New Years Celebration<br>7:00 Movie                  |  |  |   |   |   |   |

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## **December 2023**