

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			9:00 Exercise 1 11:00 Morning Refresh 1:00 Mardi Gras Celebration 2:00 Catholic Services 6:30 Traveling Snack Bar 7:00 Movie	9:00 Exercise 2 11:00 Dr. Suess Birthday - Dr. Suess Books 1:00 Wellness Clinic- Part 1 2:00 Bingo 6:30 Traveling Snack Bar 7:00 Movie	9:00 Exercise 3 11:00 Crafters Station 1:00 Pot O' Gold Crafts 2:00 Shopping Trip 3:00 1:1 Afternoon Refresh 6:30 Traveling Snack Bar 7:00 Movie	9:00 Exercise 4 11:00 Chris Heard - Music ♪ ♪ 1:00 Card Games 2:00 Puzzles 6:30 Traveling Snack Bar 7:00 Movie
9:00 Exercise 5 11:00 Coffee and News 1:00 Movie Mania 3:00 This or That? 6:30 Traveling Snack Bar 7:00 Movie	9:00 Exercise 6 11:00 Wellness Clinic- Part 2 1:00 Bowling 2:00 Shopping Trip 3:00 Name That Smell 6:30 Traveling Snack Bar 7:00 Movie	9:00 Exercise 7 11:00 Painting Stations 1:00 Color Your Stress Away 3:00 1:1 Manicures 6:30 Traveling Snack Bar 7:00 Movie	9:00 Exercise 8 11:00 1:1 Morning Refresh 1:00 Internal Woman's Day- Spa Treatment 2:00 Catholic Services 3:00 Sponge Four Leaf Clover Painting 6:30 Traveling Snack Bar 7:00 Movie	9:00 Exercise 9 11:00 Wellness Clinic- Part 3 1:00 Giant Connect Four 2:00 Bingo 3:00 Coloring Corner 6:30 Traveling Snack Bar 7:00 Movie	9:00 Exercise 10 11:00 Skin Relief- Hand Massages 1:00 Cribbage Matches 1:30 Mike Sinclair ♪♪ 2:00 Shopping Trip 3:00 Color Your Stress Away 6:30 Traveling Snack Bar 7:00 Movie	9:00 Exercise 11 11:00 Crafting Station 1:00 Hand Massages 3:00 Trivia 6:30 Traveling Snack Bar 7:00 Movie
9:00 Exercise 12 11:00 Coffee and News 1:00 Heart Paintings 3:00 Movie 6:30 Traveling Snack Bar 7:00 Movie  Daylight Savings Begins	9:00 Exercise 13 11:00 Morning Refresh 1:00 Four Leaf Clover Painting 2:00 Shopping Trip 3:00 Town Hall Meeting with Debbi 6:30 Traveling Snack Bar 7:00 Movie	9:00 Exercise 14 11:00 Tea & Social Hour 1:00 Manicures & Hand Massages 3:00 1:1 Afternoon Refresh 6:30 Traveling Snack Bar 7:00 Movie	9:00 Exercise 15 11:00 Book Club 1:00 Color Your Stress Away 2:00 Catholic Services 3:00 Walking Club Outside 6:30 Traveling Snack Bar 7:00 Movie	9:00 Exercise 16 11:00 Masanobu- ♪ ♪ 1:00 Stretching Groups 2:00 Shopping Trip 3:00 Shaving Cream Painting 6:30 Traveling Snack Bar 7:00 Movie	9:00 Exercise 17 11:00 Masanobu- ♪ ♪ 1:00 St. Patty's Day Treats 2:00 Shopping Trip 3:00 Shaving Cream Painting 6:30 Traveling Snack Bar 7:00 Movie	9:00 Exercise 18 11:00 Board Games 1:00 1:1 Hand Massages 3:00 Afternoon Refresh 6:30 Traveling Snack Bar 7:00 Movie
9:00 Exercise 19 11:00 Crafters Station 1:00 Velvet Art 2:00 Shopping Trip 3:00 1:1 Afternoon Refresh 6:30 Traveling Snack Bar 7:00 Movie	9:00 Exercise 20 11:00 Morning Refresh 1:00 Cribbage Matches 2:00 Shopping Trip 3:00 Crosswords 6:30 Traveling Snack Bar 7:00 Movie	9:00 Exercise 21 11:00 Name That Sound 1:00 1:1 Hand Massages 3:00 Make Your Own Moon Dough 6:30 Traveling Snack Bar 7:00 Movie	9:00 Exercise 22 11:00 Q Tip Painting 1:00 Stained Glass 2:00 Catholic Services 3:00 Rainbow Painting 6:30 Traveling Snack Bar 7:00 Movie	9:00 Exercise 23 11:00 Make Your Own Slime 1:00 1:1 Spa Manicures 2:00 Bingo 3:00 Afternoon Refresh 6:30 Traveling Snack Bar 7:00 Movie	9:00 Exercise 24 11:30 Duane Nickerson ♪♪ 1:00 Make a Door Sign 2:00 Shopping Trip 3:00 Velvet Art 6:30 Traveling Snack Bar 7:00 Movie	9:00 Exercise 25 11:00 Crafting Station 1:00 1:1 Room Visits with Ari 3:00 Trivia 6:30 Traveling Snack Bar 7:00 Movie
9:00 Exercise 26 11:00 Coffee and News 1:00 Trivia 3:00 Word Scramble 6:30 Traveling Snack Bar 7:00 Movie	9:00 Exercise 27 11:00 Morning Refresh 1:00 Painting Station 2:00 Shopping Trip 6:30 Traveling 7:00 Movie	9:00 Exercise 28 11:00 Walking Club 1:00 Painters Choice 3:00 Giant Connect Four 6:30 Traveling Snack Bar 7:00 Movie	9:00 Exercise 29 11:00 Morning Refresh 1:00 1:1 Room Visits 2:00 Catholic Services 6:30 Traveling Snack Bar 7:00 Movie	9:00 Exercise 30 11:00 Spa Treatments 1:00 Rainbow Painting 2:00 Bingo 6:30 Traveling Snack Bar 7:00 Movie	9:00 Exercise 31	

