

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						10:00am Exercise 11:00am Sing Along 2:00pm Movie & Popcorn 7:00pm Card Games 1
Groundhog Day 2 10:00am Exercise 11:00am Coloring Activity 2:00pm Movie & Popcorn 7:00pm Puzzles	10:00am Exercise 3 11:00am Light House Church of God 2:00pm Making Cinnamon Rolls 3:00pm Fred and Deb 7:00pm Movie & Popcorn	10:00am Zumba 4 11:00am Brain Teasers 2:00pm Coloring Activity 3:00pm Hermon Baptist Church 7:00pm Movie & Popcorn	10:00am Exercise 5 11:00am Manicures 2:00pm Catholic Services 2:00pm Sing Along 4:00pm Masonabu 7:00pm Chess Tournament	10:00am Exercise 6 11:00am Coloring Activity 2:00pm Music with Julie M. 7:00pm Puzzles	10:00am Exercise 7 10:00am Walmart 11:00am Bingo 2:00pm Cribbage 7:00pm Movie & Popcorn	10:00am Exercise 8 11:00am Crossword Puzzles 2:00pm Listening to Music 7:00pm Movie & Popcorn
10:00am Exercise 9 11:00am Puzzles 2:00pm Coloring activity 7:00pm Card Games	10:00am Exercise 10 11:00am Light House Church of God 2:00pm Decorating Valentines Cookies 7:00pm Movie & Popcorn	10:00am Zumba 11 11:00am Coloring 2:00p Sing Along 7:00pm Board Games	10:00am Exercise 12 11:00am Duane 2:00pm Catholic Services 3:00pm Music with The Griffiths 7:00pm Checkers	10:00am Exercise 13 11:00am Manicures 2:00pm Card Games 7:00pm Movie & Popcorn	Valentines Day! (Wear red or pink) 14 10:00am Exercise 10:00am Mardens 11:00am Valentines Bingo 2:00pm Valentines Craft 7:00pm Puzzles	10:00am Exercise 15 11:00am Cribbage Tournament 2:00pm Movie & Popcorn 7:00pm Coloring
10:00am Exercise 16 11:00am Music in the dining room 2:00pm Hermon Baptist Church 2:00pm Puzzles 7:00pm Movie & Popcorn	Presidents Day 17 10:00am Exercise 11:00am Light House Church of God 2:00pm Coloring Activity 7:00pm Resident Game Night with snacks	10:00am Zumba 18 11:00am Manicures 2:00pm Tea Party with Cookies 7:00pm Puzzles	10:00am Exercise 19 11:00am Sing Along 2:00pm Catholic Services 7:00pm Card Games	10:00am Exercise 20 11:00am Trivia 2:00pm Coloring Activity 3:30pm Town Meeting 7:00pm Movie & Popcorn	10:00am Exercise 21 10:00am University of Maine - Hudson Museum 11:00am Bingo 2:00pm Ice Breakers 7:00pm Movie & Popcorn	10:00am Exercise 22 11:00am Sing Along 2:00pm Movie & Popcorn 7:00pm Card Games
10:00am Exercise 23 11:00am Manicures 2:00p Puzzle 7:00pm Movie & Popcorn	10:00am Exercise 24 11:00am Light House Church of God 2:00pm Tea Party and socializing 7:00pm Movie & Popcorn	10:00am Zumba 25 11:00am Chess 2:00pm Coloring 7:00pm Movie & Popcorn	10:00am Exercise 26 11:00am 2:00pm Catholic Services 2:00pm Sing Along 7:00pm Checkers	Nat'l Polar Bear Day 27 10:00am Exercise 10:00am Manicures 2:00pm Polar Bear Coloring Activity 7:00pm Music and socializing with snacks	10:00am Exercise 28 10:00am Dollar Tree 11:00am Bingo 2:00pm Paint and Sip 7:00pm Movie & Popcorn	10:00am Exercise 29 11:00am Sing Along 2:00pm Movie & Popcorn 7:00pm Card Games

