

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30 Walking 1 10:00 Coffee Social 11:00 Worship Service on YouTube Find the February Birthday Poem somewhere in our building 3:00 Movie	9:30 Exercise 2 10:00 Coffee Social Discussion: <i>Was there a shadow?</i> & It's Chicago Bears Day: <i>How was their season?</i> 1:30 Bus Outing 1:30 Movie "The Way We Were" Groundhog Day	9:30 Exercise 3 10:00 Coffee Social 11:00 Pinecone Bird Feeders 2:00 Norman Rockwell Art 3:00 Chair Yoga Feed the Birds Day	9:30 Exercise 4 10:00 Coffee Social 11:00 Crosswords & Activity Sheets 1:30 Resident Choice Bus Outing	9:30 Exercise 5 10:00 Coffee Social 1:30 Walk Outside & View the Birds Sweater Weather Day	9:30 Exercise 6 10:00 Coffee Social: Olympic Trivia Month! 1:00 Van Outing 2:00 Olympics Opening Ceremony on NBC Wear Red Day	9:30 Walking 7 It's Go Green Week! Let's Recycle, Reuse, and Reduce Check out a Book - It's Library Week
9:30 Walking 8 10:00 Coffee Social 11:00 Worship Service on YouTube 6:30 Super Bowl 60 Superbowl Snacks in Café	9:30 Exercise 9 10:00 Coffee Social: Carole King's Music 1:30 Bus Outing of Resident Choice Hershey Chocolate Day	9:30 Exercise 10 10:00 Coffee Social: Northern Lights Painting 2:00 Celebrate Glenn Miller Music with Siiri	9:30 Exercise 11 10:00 Coffee Social: French Chef Day Treats 1:30 Bus Outing - Shopping Trip Appreciate a Friend Day	8:00 Figure Skating 12 9:30 Self Directed Exercise 10:00 Coffee Social & Valentine's Art Kits Abraham Lincoln B-Day	9:30 Exercise 13 10:00 Coffee Social: Birdfeeder Visitor Talk 1:00 Van Outing 2:00 Valentine's Day Happy Hour National Cheddar Day	9:30 Walking 14 10:00 Coffee Social: Happy Valentines Day All Day Valentine's Movies & Treats to Eat in the Café
9:30 Walking 15 10:00 Coffee Social 11:00 Worship Service on YouTube Independent Activities in Cafe Random Acts of Kindness Day & Canada Flag Day	9:30 Exercise 16 10:00 Coffee Social: President's Day Trivia 1:30 Bus Outing Independent Activities in Cafe Studebaker Day	9:30 Exercise 17 10:00 Coffee Social: Make Mardis Gras Treats. 2:00 Mardi Gras Party Fat Tuesday	9:30 Exercise 18 10:00 Coffee Social: Today is the American Birkebeiner, what's that? 1:30 Bus Outing Ash Wednesday	9:30 Exercise 19 10:00 Coffee Social with Music & Trivia 2:00 Nail Spa Day-Independent activity in Café King of Motown Day	9:30 Exercise 20 10:00 Coffee Social: Spring is in the Air Activities 1:00 Van Outing 2:00 Happy Hour Cherry Pie Day	9:30 Walking 21 10:00 Coffee Social: Winter Olympic Discussion Try some new games, puzzles or books in Café Sticky Bun Day
9:30 Walking 22 10:00 Coffee Social 11:00 Worship Service on YouTube 2:00 Winter Olympic Closing Ceremony on NBC Movie Night: "The Miracle on Ice"	9:30 Exercise 23 10:00 Coffee Social 1:30 Bus Outing 2:00 Movie Matinee: <i>Night at the Museum</i> Museum Day	9:30 Exercise 24 10:00 Coffee Social: Mexican Flag Day Art Activity 2:00 Mexican Music & Treats in the Café Mexican Day	9:30 Exercise 25 10:00 Coffee Social 10:30 Baby Shower Set up in Assisted Living 1:30 Bus Outing of Resident Choice 1:30 Baby Shower in Assisted Living	9:30 Exercise 26 10:00 Coffee Social 1:00 Independent Art in the Cafe 3:00 Music or Movie in Living Room	9:30 Exercise 27 10:00 Coffee Social: Medal Making Activity 1:00 Van Outing 3:00 Happy Hour with Olympic Trivia Medal Awards Ceremony	9:30 Walking 28 10:00 Coffee Social Check out the new games and art materials in the coffee bar. 2:00 What's the weather? Get outside if it's nice!