

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			9:00 Morning Stroll <sup>1</sup> 10:00 Coffee Bar Social 11:30 Lunch at Lotus Blossom 2:00 Happy Hour	9:00 Music and Movement <sup>2</sup> 10:00 Coffee Bar Social 10:30 Trip to the Library 2:00 Crafts	9:00 Morning Stretches <sup>3</sup> 10:00 Lets Go to Dunkin Donuts 2:00 BINGO Bonanza	9:00 Morning Stroll <sup>4</sup> 10:00 Coffee Bar Social 2:00 Movie & Popcorn
9:00 Morning Stretches <sup>5</sup> 10:00 Church Transport 2:00 Movie and Popcorn	9:00 Bean Bag Toss <sup>6</sup> 10:00 Coffee Bar Social 10:30 Painting and Coloring 2:00 Shopping at Hannaford	9:00 Morning Stretches <sup>7</sup> 10:00 Park Residences Town Hall Meeting 2:00 Music & Movement	9:00 Morning Stretches <sup>8</sup> 10:00 Let's Make an "Elvis" Banana 2:00 Bus Outing to Berry Fruit Farm	9:00 Morning Stroll <sup>9</sup> 10:00 Coffee & Nail Painting 11:30 Lunch at Pizza Hut  NATIONAL PIZZA DAY	9:00 Music and Movement <sup>10</sup> 10:00 Coffee Bar Social & Crossword 2:00 BINGO Bonanza	9:00 Morning Stretches <sup>11</sup> 10:00 Coffee Bar Social 2:00 Piece the Puzzle
12 9:00 Morning Stroll 10:00 Hymns Sing Along 2:00 Snack & Chat  SUPERBOWL PARTY!	13 9:00 Chair Excises 10:00 Coffee Bar Social 10:30 Shopping Trip to Walmart 2:00 Park Residences Postal Valentine Day Cards	14 9:00 Morning Stroll 10:00 Coffee Bar Social 11:30 Valentine's Day Party 2:00 Share Photos of Our Loved Ones	15 9:00 Chair Excises 10:00 Coffee Bar Social 10:30 Board Games 2:00 Crafting Club 3:00 Movie and Popcorn	16 9:00 Morning with the Discovery Channel 10:00 Coffee Bar Social 10:30 Trip to the Library 2:00 Let's Play Hangman	17 9:00 Morning Stroll 10:00 Coffee Bar Trivia 10:30 Shopping Trip to Big Lots 2:00 BINGO Bonanza	18 9:00 Chair Excises 10:00 Coffee Bar Social 2:00 Crossword and Find a Word
19 6:00 Morning Stretches 10:00 Church Transport 2:00 Music & Movement	20 9:00 Simon Says 10:00 Coffee Bar Social 10:00 Nail Painting 2:00 Trivia	21 9:00 Chair Excises 10:00 Coffee Bar Social 2:00 Bus Outing Viewing the Ice Skaters	22 9:00 Music and Movement 10:00 Coffee Bar 10:30 Trivia 1:30 Bus Outing to Sugarloaf Mountain	23 9:00 Morning with the History Channel 10:00 Coffee Bar Social 2:00 Lets Play Wheel of Fortune 3:00 Bus Outing  CHILI DAY	24 9:00 Morning Stretches 10:00 Coffee Bar & Crossword 2:00 BINGO Bonanza	25 9:00 Morning Stroll 10:00 Coffee Bar Social 2:00 Piece the Puzzle
26 9:00 Morning Stroll 10:00 Hymn Along 2:00 Chat & Snack	27 9:00 Simon Says 10:00 Coffee Bar Social 10:30 Wheel of Fortune 2:00 Trivia	28 9:00 Simon Says 10:00 Coffee Bar Social with B/P Clinic 2:00 Movie & Popcorn				

