

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 8:30 Daily Stroll 9:15 Off to Church Gospel Light Church 9:30 Gospel Music 10:00 Sunday Devotion 1:30 Card Games 3:00 Hidden Items Puzzles 3:30 Self Reflection Time	2 8:30 Daily Stroll 9:30 Frolic Fitness 10:00 Town Hall Meeting 1:30 Bingo 3:00 Word Searches 4:00 Me Time	3 Ground Hog Day 8:30 Daily Stroll 9:30 Frolic Fitness 10:00 Did Punxsutawney Phil See His Shadow? 11:30 Out to Lunch Chinese (Optional) 1:30 Listening to Records 3:00 Jigsaw Puzzles	4 Snickers Day 8:30 Daily Stroll 9:30 Frolic Fitness 10:30 Cooking Club - Snickers Salad 1:30 Snickers Tasting 3:00 Live Music/ Shawn 4:00 Relaxation Time	5 8:30 Daily Stroll 9:30 Frolic Fitness 10:30 Library / Bus Ride 10:30 Letters to Our Pen Pals 1:30 Bingo 3:00 Crossword Puzzles 4:00 Self Me Time	6 Wear Red Day 8:30 Daily Stroll 9:30 Frolic Fitness 10:00 Arts & Crafts w/ Carol 12:00 Social Friday 1:30 Heart Expression 3:00 Seeing Red 4:00 Listen to Music	7 8:30 Daily Stroll 9:30 Weekly Dear Abby 10:00 2 nd Cup of Java 10:30 Board Games 1:30 Adult Coloring 1:30 Diamond Art 3:00 Visting Thy Neighbors 4:00 Me Time
8 Superbowl Sunday 8:30 Daily Stroll 9:30 Off to Church Gospel Light Church 9:30 Gospel Music 10:00 Sunday Devotion 1:30 Superbowl Triva 3:00 Relaxation Time 6:00 Superbowl LX- NBC	9 Hershey Chocolate Day 8:30 Daily Stroll 9:30 Frolic Fitness 10:00 Who Am I? 10:30 History of Chocolate 1:30 Hershey Bar Bingo 3:00 Sudoku Puzzles 4:00 Me Time	10 8:30 Daily Stroll 9:30 Frolic Fitness 10:30 Book Club 1:30 Walmart -Please Sign Up 3:00 Yoga -Jenn 4:00 Word Searches	11 Appreciate a Friend 8:30 Daily Stroll 9:30 Frolic Fitness 10:00 Cooking Club- Corn Potato Chowder 10:30 Catching up with Your Friends 1:30 Cribbage 3:00 Crossword Puzzles	12 8:30 Daily Stroll 9:30 Frolic Fitness 10:30 Dollar Tree Shopping Pleas Sign Up 1:30 Bingo 3:00 Adult Coloring 4:00 Self Reflection Time	13 8:30 Daily Stroll 9:30 Frolic Fitness 10:30 Arts& Crafts- Making Valentines 1:30 Love Is in the Air 2:30 First Loves 4:00 Hidden Item Puzzles	14 Happy Love Day! 8:30 Daily Stroll 9:30 Weekly Horoscopes 10:00 2 nd Cup of Java 10:30 Remembering Valentines Day 1:30 Valentines Day Trivia 3:00 Love Songs 4:00 Relaxation Time
15 NASCAR Sunday 8:30 Daily Stroll 9:15 Off to Church Gospel Light Church 9:30 Gospel Music 10:00 Sunday Devotion 1:30 NASCAR Facts 2:30 Daytona 500 NASCAR Race -Fox Network	16 8:30 Daily Stroll 9:30 Frolic Fitness 10:30 Cranium Crunches 1:30 Bingo 3:00 Jigsaw Puzzles 4:00 Self "Me" Time	17 8:30 Daily Stroll 9:30 Frolic Fitness 10:30 Softening Our Hands 1:30 Out for Cup of Coffee and Sweet Treat 1:30 Board Games 3:00 Sudoku Puzzles 4:00 Me Time	18 Ash Wednesday 8:30 Daily Stroll 9:30 Frolic Fitness 10:30 Lent 101/Learning about Ash Wednesday 1:30 Filling the S&P Shakers 2:00 Rummy Card Game 3:30 Sudoku Puzzles	19 8:30 Daily Stroll 9:30 Frolic Fitness 10:30 Library / Bus Ride 10:30 Nail Painting 1:30 Bingo 3:00 Jigsaw Puzzle 4:00 Word Searches	20 Toothpick Day 8:30 Daily Stroll 9:30 Frolic Fitness 10:00 Arts & Crafts w/ Carol 1:30 Facts About Toothpicks 2:00 Gumdrop Tower Takeover 3:00 Crossword Puzzles	21 8:30 Daily Stroll 9:30 Weekly Dear Abby 10:00 2 nd Cup of Java 10:30 Diamond Art 1:30 Resident Card Games 3:00 Listen to Music 4:00 Self Reflection
22 8:30 Daily Stroll 9:15 Off to Church Gospel Light Church 9:30 Gospel Music 10:00 Sunday devotion 1:30 Bible Study 2:00 Church Service 3:00 NASCAR at Echo Park Speedway- Fox	23 8:30 Daily Stroll 9:30 Frolic Fitness 10:00 Black History Month - Famous Black Americans & the Impact They Had on History 1:30 Bingo 3:00 Hidden Item Puzzles 4:00 Self "Me" Time	24 8:30 Daily Stroll 9:30 Frolic Fitness 10:00 Tidying Our Rooms (If you need assistance, please see Joy.) 1:30 Walmart Shopping 3:00 Adult Coloring 4:00 Love Letters	25 Baby Shower Day 8:30 Daily Stroll 9:30 Frolic Fitness 10:30 Getting Set up for the Baby Shower 1:30 Baby Shower 3:00 Live Music -Sirri 4:00 Relaxation	26 8:30 Daily Stroll 9:30 Frolic Fitness 10:30 Let's Order Lunch from Farmington House Pizza (Optional) 1:30 Bus Ride 1:30 Board Games 3:00 Word Searches 4:00 Visit Thy Neighbors	27 8:30 Daily Stroll 9:30 Frolic Fitness 10:00 Bingo 1:30 Glam & Jam w/Lynn 3:00 Diamond Art 4:00 Listen to Music	28 8:30 Daily Stroll 9:30 Weekly Horoscopes 10:00 2 nd Cup of Java 10:30 Reading a Good Book 1:30 Resident Choice of Afternoon Activity 3:00 Jigsaw Puzzles 4:00 Relaxation Time

