

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:30 Daily Stroll 1 9:15 Off to Church- Gospel Light Church 9:30 Gospel Music 10:00 Gospel Music 1:30 Card Games 3:30 NASCAR Racing Dura Max Grand Prix-Fox	8:30 Daily Stroll 2 9:30 Frolic Fitness 10:00 Town Hall Meeting 12:00 Social Monday 1:30 Bingo 3:00 Adult Coloring 4:00 Word Searches	8:30 Daily Stroll 3 9:30 Frolic Fitness 10:30 Book Club 1:30 Out for Ice Cream 3:00 Diamond Art 4:00 Self Relaxation Time	8:30 Daily Stroll 4 9:30 Frolic Fitness 10:30 Who Am I? 1:30 Nail Care 2:30 Triva 3:00 Live Music- Shawn 4:00 Relaxation Time	8:30 Daily Stroll 5 9:30 Frolic Fitness 10:30 Bus Ride /Library 10:30 Board Games 1:30 Bingo 3:00 Jigsaw Puzzles 4:00 Listening to Radio	Oreo Cookie Day! 6 8:30 Daily Stroll 9:30 Frolic Fitness 10:00 Arts& Crafts -Carol 1:30 History of Oreo Cookies 2:00 Tasting Different Oreo Cookies with Milk 4:00 Sudoku Puzzles	8:30 Daily Stroll 7 9:30 Weekly Dear Abby 10:00 2 nd Cup of Java 10:30 Love Letters or Cards 1:30 Cribbage 3:00 Visting Thy Neighbors
8:30 Daily Stroll 8 9:15 Off to Church-Gospel Light Church 9:30 Gospel Music 10:00 Gospel Music 1:30 Hidden Items Puzzles 3:00 Card Games 4:00 Me Time	8:30 Daily Stroll 9 9:30 Frolic Fitness 10:30 Tidying up Residents Rooms 1:30 Bingo 4:00 Listening to CDs	8:30 Daily Stroll 10 9:30 Frolic Fitness 10:30 Walmart Shopping 1:30 Chips & Chat 2:00 Live Music /Sirri 3:00 Pen Pal Letters 4:00 Word Searches	Don't Worry Be Happy 11 8:30 Daily Stroll 9:30 Frolic Fitness 10:30 Making Silly Faces 11:00 Jokes That Make You Laugh 1:30 What Makes You Happy? 3:00 Yoga -Jenn	Chinese Culture Day 12 8:30 Daily Stroll 9:30 Frolic Fitness 10:30 Chinese Culture 11:30 Out to Chinese for Lunch 1:30 Bingo 3:00 Chinese Checkers	8:30 Daily Stroll 13 9:30 Frolic Fitness 10:30 Cooking Club Making a Cherry Pie 1:45 Birthday Party 3:00 Yahtzee 4:00 Phone a Friend or Loved one	Pie Day 3.141592653 14 8:30Daily Stroll 9:30 Weekly Horoscopes 10:00 2 nd Cup of Java 10:30 Crocheting 1:30 Diamond Art 1:30 Adult Coloring 3:00 Skip O Card Game 4:00 Relaxation Time
8:30 Daily Stroll 15 9:15 Off to Church-Gospel Light Church 9:30 Gospel Music 10:00 Gospel Music 1:30 Jigsaw Puzzle 2:00 Hallmark Movie 4:00 Me Time	8:30 Daily Stroll 16 9:30 Frolic Fitness 10:30 Current Events 1:30 Bingo 3:00 Stack the Chairs 4:00 Crossword Puzzles	St. Patrick's Day 17 8:30 Daily Stroll 9:30 Frolic Fitness 10:30 St. Patrick's Day Triva 12:30 Irish Lunch 1:30 Green Milk Shakes 2:00 Men's Group Bus Ride	8:30 Daily Stroll 18 9:30 Frolic Fitness 10:30 Cooking Club -Chilli Triva 2:00 Board Games 3:00 Card Games 4:00 Radio Music	8:30 Daily Stroll 19 9:30 Frolic Fitness 10:30 Facials 10:30 Bus Ride/Library 1:30 Bingo 3:00 Checkers 4:00 Diamond Art	1st Day of Spring 20 8:30 Daily Stroll 9:30 Frolic Fitness 10:00 Arts& Crafts /Carol 11:00 Facts about Springtime 1:30 Spring Cleaning of Activity Room & Residents Rooms	8:30 Daily Stroll 21 9:30 Weekly Dear Abby 10:00 2 nd Cup of Java 10:30 Knitting or Crocheting 1:30 Out for Stroll (Weather Permitting) 3:00 Rummy Card Game
8:30 Daily Stroll 22 9:15 Off to Church Gospel Light Church 9:30 Gospel Music 10:00 Gospel Music 1:30 NCAA Basketball Game-CBS 3:00 Jigsaw Puzzles	8:30 Daily Stroll 23 9:30 Frolic Fitness 10:30 Who, What &Where 1:30 Bingo 3:00 Adult Coloring 4:00 Listening to Records	8:30 Daily Stroll 24 9:30 Frolic Fitness 9:30 Students from Spruce Mt. Middle School 1:30 Walmart Shopping 3:00 Outside Stroll (Weather Permitting)	8:30 Daily Stroll 25 9:30 Frolic Fitness 10:30 Cooking Club - Tapioca Pudding 1:30 Paint by Numbers 3:00 Updating 100 Things about Me 4:00 Hidden Item Puzzles	8:00 Out to Breakfast 26 8:30 Daily Stroll 9:30 Frolic Fitness 10:30 Gap Session 1:30 Bingo 3:00 Cribbage 4:00 Me Time	8:30 Daily Stroll 27 9:30 Frolic Fitness 10:30 Nail Care 1:30 Residents' Choice of Afternoon Activities	8:30 Daily Stroll 28 9:30 Weekly Horoscopes 10:00 2 nd Cup of Java 10:30 Reading a Good Book 1:30 Diamond Art 3:00 Dominos
8:30 Daily Stroll 29 9:15 Off to Church-Gospel Light Church 9:30 Gospel Music 10:00 Gospel Music 2:00 Gospel Light Church Service 3:00 Self Reflection	8:30 Daily Stroll 30 9:30 Frolic Fitness 10:30 Phase 10 Card Game 1:30 Bingo 3:00 Crossword Puzzles 4:00 Listening to Radio	8:30 Daily Stroll 31 9:30 Frolic Fitness 10:30 What would I do? 1:30 Dice Game 1:30 Bus Ride 3:00 Cribbage 4:00 Word Searches				

